Dear Parents

The first few weeks of any school year are very busy as we settle into the routines of the school year. A number of significant events need to happen to ensure we celebrate significant milestones, conduct annual events and ensure we are all aware of routines and expectations of the year ahead.

Yesterday our new school leaders were inducted at a beautiful mass which was attended by the whole school at Holy Name Church. Next week Years Three to Six will again attend Ash Wednesday at 9.15am mass at Holy Name Church to mark the beginning of Lent. K-2 will attend a liturgy at school. Parents are welcome to join Years Three to Six at Holy Name Church. Please see the religious news for mass dates for your diary for the year.

Other significant events in the coming weeks include our school swimming carnival next Monday at Hornsby for Years 3 to 6. Infants children will remain at school except for proficient Year 2 swimmers who have entered events. Many thanks to Mrs Sam Carolan who is running the carnival and is replacing Mrs Tamone who is currently on leave for a short time.

Our first P and F meeting for the year will be held in the library on Monday at 7.30pm and our Meet the Teacher evening will be held next Wednesday evening. This evening begins with a parent gathering in the hall at 6.30pm to hear our general school aims and focus for the year and then moving to classrooms for two duplicated sessions that will explain each grade’s routines and expectations. After the Meet the Teacher evening individual meetings can be booked with teachers to look at where children are in regards to their learning and the proposed focus for the year. The booking website instructions are in the newsletter. The website will be open on Monday.

Next Thursday the 19th of February the Ripples Program will begin again and registration forms are included in the newsletter. Ripples is a program of exercise and meditation. Child minding is provided by the school through Water Street Kids carers.

Next Friday the 20th Mrs Lorimer our Literacy co-ordinator and Mrs Chapman will run a workshop on helping in the classroom. This will be held in the Library at 1.45-2.30pm. If you would like to assist in the classroom this year the course will give tips as well as cover the mandatory privacy and confidentiality rules.
I’m sure you will have received your invitations to the Welcome event on the 28th February in the school hall. This is an opportunity for new parents to meet other parents in a relaxed way as well as a time for those parents who have been at the school for a while to reconnect and have a fun evening. We hope to see many of you there.

Please see the flyer on the following pages regarding the Hugh McKay event which will be held in the hall on the evening of the 4th March. Author Hugh McKay will speak about his new novel, Belonging. Participants will be invited to join together to form book clubs to discuss this novel. Hugh will then return on the 20th May to reflect with participants on their reading of the Nobel.

As with the start of all years it is timely to begin our reminders to current parents and give information to our new parents regarding keeping our children safe around the school. Please read carefully the section on Kiss and Drop rules at Prouille. Please make sure this is shared with any members of your family who are picking up and dropping off your children.

Regards
Julie Caldwell

DISMISSAL PROCEDURE

Some important concerns re safety around the school.
Kiss and Drop. If you are using our Kiss and drop service you must abide by the following rules. These rules are currently the school rules but I have also asked the Ku-Ring-Gai parking rangers, Ku-Ring-Gai Council (re the footpath) the police and the CSO Work, Health and Safety officer to attend the school to see what can be done to improve the situation. Please show this to all carers, grandparents or anyone picking up your child.

Afternoons: Early leavers: 3.00pm, Late leavers: 3.15 (Children will be assembled by these times)
Your child should know every morning before school how they are getting home in the afternoon.
* Parents must not leave their vehicles and school bags should be put in the car doors, not the car boot. Please note the area in front of the school is not officially a Kiss and Drop zone it is a No Parking zone and therefore you must abide by No Parking rules.
* Late leavers should not join the queue until after 3.15pm. Late leavers cars cannot stay in front of the school if the children are not there. There are significant fines and loss of 2 points for exceeding time limits in a No Parking.
* Please do not disobey teacher directions.
* Parents should not engage teachers in conversation & vice versa.
* Children wait for teachers to open car doors. They cannot move to car by themselves.
* Cutting into the car queue is not allowed.
* Parents should enter the street from below the Kiss and Drop so there is no need to turn around.
* No U turns should be performed in Water Street by driving into driveways and backing out– this is how two children have been killed in other schools in recent years. It’s not what we want to happen at Prouille.
* Neighbours driveways should not be blocked.
* All cars should be clearly signposted with the surname of the children they are picking up
* Teachers have been asked to bring the children promptly
* Consider staggering your arrival time. Currently the busiest times are 3.10-3.20.
* The top three cars should be accessed to pick up and drop off and then the next three should move forward.
The same rules apply for morning. Thank you to the parents who have expressed their concern and offered positive solutions.

Who is an EARLY LEAVER? (This is to try and alleviate congestion).
Currently only children who are in K-2 can be considered early leavers. If they catch a bus or have an older brother or sister in Yrs 3-6 they must wait in class until they can join their brothers and sisters in the walkway at 3.15.
Who is a LATE LEAVER?
All children in Years 3-6 finish school at 3.15. They will not be at Kiss and Drop pickup until at least 3.20pm
### UPCOMING DIARY DATES

<table>
<thead>
<tr>
<th>Date</th>
<th>Event Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday 16th Feb</td>
<td>Prouille Swimming Carnival Years 3-6 at Hornsby Pool</td>
</tr>
<tr>
<td>Monday 16th Feb</td>
<td>P&amp;F Meeting in school library “All Welcome” (7.30pm)</td>
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<tr>
<td>Wednesday 18th Feb</td>
<td>Ash Wednesday Years 3-6 Mass with Holy Name Parish (9.15am) - Parents Welcome</td>
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<tr>
<td>Wednesday 18th Feb</td>
<td>Meet the Teacher start in the hall then classrooms (6.30pm)</td>
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<tr>
<td>Thursday 19th Feb</td>
<td>Ripples Meet in the hall first (Flyer attached) (9.15am-10.30am)</td>
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<tr>
<td>Friday 20th Feb</td>
<td>K-2 Parents workshop on “helping in the classroom” held in Library (1.45-2.30pm)</td>
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<tr>
<td>Monday 23rd Feb</td>
<td>Parent Teacher Meetings by appointment</td>
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<tr>
<td>Tuesday 24th Feb</td>
<td>Sacrament of Reconciliation Parent Info. Evening held at Prouille (7pm) [Link]</td>
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### RELIGIOUS NEWS

**Children’s Sacramental Program 2015**

When enrolling your child in the Children’s Sacramental Program for the first time, please bring the following to the Enrolment Session [Link]

### OFFICE NEWS

**Standard Collection Notice** [Link] to notice from Catholic Schools Office Diocese of Broken Bay

### CHOIR NEWS

Wednesday morning at 8.15 am

For all the new families to the school – our school choir is only open to those in Years 3,4,5 and 6. If your child would like to join, simply come to our rehearsal and their name will be included on our roll. I am looking forward to seeing some new faces this year!

Kindest Regards,

Dominic Meagher (Music Teacher)

### BANKING NEWS

**Wednesday is School Banking Day!**

P&F Association meeting Monday 16th February at 7.30pm in the school library
Everyone is invited to come along and join us for our first meeting of the year. All the committee positions have been filled so you can meet the new team and find out what’s happening in 2015. This is your opportunity to have your say and let us know what issues are important to you!

Prouille Welcome Event

Welcoming our New Families &
New School Principal,
Mrs. Julie Caldwell

Date: Saturday, 28th February, 2015
Time: 7.30pm
Venue: Prouille School Hall & Courtyard
Cost: $25 per head, includes food & drinks
Dress code: smart casual black/white
RSVP - Please purchase tickets directly at
www.trybooking.com/120564
by Wednesday 18th February
Contact: Brigid Wright at brigidwright@optusnet.com.au
Margot McGibbon at margot@manakia.com.au

Annual P&F Welcome Event 28/2/15  RSVP – Reminder
By now we hope you have all received your stylish invitation (thank you for the beautiful design, Skye Harper) to join us on the evening of Saturday, 28th February for Prouille’s traditional P&F Welcome Event. This is a wonderful occasion for new and existing families and friends of Prouille School and Holy Name Parish to come together and socialise at the beginning of the new school year in a fun and relaxing atmosphere. This year we will be extending an extra special welcome to our new Principal, Mrs Julie Caldwell who is sure to enjoy the opportunity to meet the many parents, staff and supporters of this proud school and parish. The event will be held in Veritas Hall and ‘The Meeting Place’ courtyard on the school grounds and we warmly encourage you to don your black and/or whites and join us for a fabulous evening.
To assist us in catering for this event, please RSVP by purchasing tickets directly at www.trybooking.com/120564 before Wednesday 18th February.
Love to Bake? We welcome you...
Would you like to share your love of baking with us as a welcome gift to the parents and friends of Prouille? The Welcome Team are seeking contributions of delicious baked desserts and goodies for the Dessert table which has become a firm favourite and a must taste destination on the night of the Welcome Event. Ideally the baked goods will reflect the evening’s black and white theme however any delicious creations that can be shared among new and old friends will be gratefully received.
If you would like to share your talent and can assist us in creating a tempting and tongue teasing Dessert table then Rebecca Luca can’t wait to hear from you: lucafamily8@outlook.com.

Your opportunity to contribute to the Welcome Event raffle
The Welcome team would like to extend an invitation to school families or Holy Name parishioners who may wish to donate a special item or goods that could be used as raffle prizes on the evening of the Welcome Event. This is a wonderful opportunity to promote your business or service through donating a gift or voucher to be raffled and we will ensure that your contribution and business is warmly acknowledged on the evening and in our school newsletter. If you feel you have a special gift to donate then please contact us – see details below...

If you have any queries regarding the Welcome Event or request for raffle items, then please contact:
Margot McGibbon – margot@manakia.com.au
Brigid Wright – brigidwright@optusnet.com.au

Thank you and we look forward to seeing you on Saturday 28th February from 7.30pm – 10.30pm.

PARENT ENGAGEMENT
Did you know your P&F Committee now has a Parent Engagement Co-ordinator? – That’s me!
As you know, school and home are the main sources of education for our children. Studies have indicated that the influence of the home on student achievement is approximately 60-80%, while the school accounts for 20-40%. Of course, there are many varied opinions on this but most of the research agrees that positive parent engagement does significantly influence student’s academic results. So imagine the success we can have when the school and parents work together! We want to encourage parent engagement and will be organising resources and events to make it easier to have you engaged in your child’s learning. Stay tuned as more news comes through in the next few weeks!
If anyone is interested in being involved in this new initiative, please get in contact with me – I would love to hear from you.

HAVE YOUR SAY...
Our new principal Julie Caldwell wants to know what you think about our playground. Would you like to see some extra equipment or maybe some lunch time clubs? Have a chat with your child and see what they think. You can email me directly with your ideas (flynnmcgrath@gmail.com) and I will forward them on to Julie.

And finally some hints from Michael Grose, Australia’s well known parenting expert, on how to participate in your child’s education in positive ways:
Talk with your child about their day
Find out what your school is trying to achieve for your child and show your support for its aims.
Become an advocate for your child’s school and promote positive features throughout the wider community. Encourage your child to take pride in their school through your example.
Visit: www.parentingideas.com.au for more useful information from Michael. You can also subscribe to his newsletter.

Michelle McGrath
Parent Engagement Co-ordinator
flynnmcgrath@gmail.com / 0411 790 672

COMMUNITY NEWS

Water Street Kids Before & After School Care  Reminder to return  the 2015 Enrolment Form

Holy Name Playgroup  Mondays 9-11am Sunroom at Holy Name Church (More info. Sandi 0419 532 490)

Chess Club  Learn to be a chess champion!  Coaching for students at Prouille Primary School is held on Thursdays from 12:45pm – 1:45pm in the hall. Term 1 lessons will commence on 12th February, 2015.

Learning and playing chess helps children develop their logical thinking and problem solving skills, improves their concentration and focus, while also being a great source of enjoyment. Activities include group lessons on a demonstration chess board or interactive whiteboard, puzzle solving and fun practice games.

Students earn merit awards by making checkmates, or by displaying skills and positive qualities, which all good chess players strive to develop.

If your child is interested in taking part, you can collect an enrolment form from the school office, or email enrol@sydneyacademyofchess.com.au for a copy. For all enquiries, please contact Sydney Academy of Chess on (02) 9745 1170.

Prouille Soccer Club News

Hello Footy Families

It was great to see a lot of new faces at Prouille last weekend for Registration Day. For the tardy amongst us, please hit www.prouillesoccer.com.au, hover over the 'competitions' menu - then choose 'registration'.

Upcoming dates:
* Sunday 22nd February: Orientation and Grading Day at Carrington Oval - we will be kicking off with the U6 kids at 10am (wear boots and shin pads - more info to follow);
* Sunday 8th March: Coaches and Managers Workshop at Carrington Oval;
* Saturday 21st March: Annual Trial Day with Sacred Heart Pymble;
* Saturday 11th April: NSFA U6 Welcome to Football Day at St Ives Showground;
* Sat/Sun 18th/19th April: Commencement of Season 2015.

In terms of our Accelerated Skills Development Program for 2015, an email will be sent out shortly inviting registrations and feedback with regards to timing. This year we have the option to run specific programs at Prouille prior to the school day commencing.

In an activity unrelated to Prouille FC, some Prouille dads and other locals are playing a casual six a side at The Glade from 6.30pm on Tuesdays - just bring both a red and a blue shirt and join the smallest team! All are welcome, just bring a smile and a good attitude.

Please do not hesitate to contact myself or our Registrar (Mr Pat Burton - registrar@prouillesoccer.com.au) should you have any registration based questions, or Steve (HeadCoach@prouillesoccer.com.au) for skills development topics.

Don't forget that Prouille is a community football club, fielding teams in the Wahroonga area for 20 years - so please grab your neighbours, grab your mates, and get them on board!

Season 2015 - bring it on!

Michael Trinder
President, Prouille FC
Mo: 0406 753 029, President@prouillesoccer.com.au

Proudly sponsored by the Alto Group, NorthPoint Motor Body Repairs, and That Barber Shop In Wahroonga!!
Ripples...Begins Soon!
Ripples is an exciting program for parents which combines exercise and meditation. Ripples will be offered again in Term 1 on Thursday mornings at Prouille. It is a wonderful opportunity to increase your fitness, experience some stillness and connect with other great Mums! You are most welcome to come along for a free session to see how it works for you!

Prouille has kindly offered to fund the child-minding component as an initiative to support families. If you have young children at home it is a wonderful way for them to have some fun with other children whilst you have some time to refuel and get fit.

The program at Prouille is a 6 Week Program and will run from Thursday, 19th February to Thursday, 26th March. (9.15am-10.30am) **Includes Child-Minding**

Register for the complete series or join the program on a casual basis. To be part of the Ripples program please register by Monday, 16th February by completing the attached registration form (within this newsletter) or email robyn@ripples.net.au for further enquiries.

Cost of Program: $90 for 6 Sessions ($15 per session) OR $20 Casual Rate


"By participating in the Ripples Program I learned to "enjoy taking time out for myself"...I felt energised after each session and pushed myself a little each week. If I jogged for 3 mins one week; the next week I tried for 5 mins. Relaxing your mind at the end was the icing on the cake." Cassandra Broading (Prouille)

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Ripples
Its Beginnings

So many people these days express a desire to integrate more exercise and stillness into their lives. It is very challenging to do this when we have so many other demands.

In my own experience I have found that both exercise and Christian Meditation have been the two elements that have significantly supported me personally and within my family.

Due to the profound difference that it has made to my life over the last 10 years I am very passionate about creating an integrated opportunity for others to increase their fitness and to experience the value of meditation.

Robyn Gallagher (Presenter)
M.A. Theological Studies, BA Dip.Ed.
Cert IV Fitness Instruction, Cert IV Personal Trainer

The Ripple Effect

The Program has been entitled Ripples due to the far reaching benefits that exercise and meditation can have on our well-being and lives. Some of these benefits include:

- A greater sense of overall balance
- Feeling more energised and centred
- Increasing your physical well-being
- Clearer sense of priorities
- Greater ability to face life’s challenges
- Sense of greater connection to oneself, others and the spirit
- Experience more joy and peace

Session Outline

Ripples is a program for parents which includes Exercise and Meditation from a Christian perspective. Each session will include three components:

FITNESS: An energetic 20 minute walk or run, dependant on level of fitness, followed by a circuit of strength exercises

FAITH: A time to learn about and experience some stillness and meditation

FAMILY: A cuppa and something inspiring to read at home

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Application Form: Due Mon. 16th Feb

* Please detach & return to your School’s Office

Ripples Program in Term 1:

I ______________

(Print Full Name)

would like to be part of the Term 1 Ripples Program

offered on: (Please tick relevant box)

Thursday mornings at Prouille, Wairoaonga

My child is in _______ at _______

(Class) (School)

I have __________ children requiring child-minding.

I would like to register for the Term Program

I would like to register as a casual visitor.

I understand that I will be participating in physical exercise and that my child/children will be minded by an experienced child-minder.

Questionnaire: All participants will complete a Screening Questionnaire prior to the program.

Payment: Details regarding payment will be provided when placement in the program is confirmed.

Phone/ Mob: ____________________________

Email: ________________________________

Signed: ______________________________
**REGISTER NOW!**

**Where Do You Belong?**

**With Hugh Mackay**

**O.L.P.S. Community**

**Monster Garage Sale!**

**Saturday 14th March 2015**

10am - 2pm

O.L.P.S School, Kendall Street, West Pymble

Antiques, old wares, pre-loved clothing and toys, trash & treasure, rare finds, PLUS food stalls & entertainment!

**Hugh Mackay & “The Art of Belonging”**

Social researcher and Author Hugh Mackay is coming to Wahroonga for a unique and exciting exploration!

His latest book is called “The Art of Belonging”.

Combining his skills as a social researcher and a novelist, Hugh Mackay creates a fictional suburb and fills it with characters who, like most of us, struggle to reconcile their desire to belong with their desire to live life on their own terms. Hugh explores what it means to live together in community and how our relationships can help each other grow.

At the conclusion of the evening there will be an opportunity to form “book-club” groups to explore the book’s implications for our community. Hugh Mackay will return for a follow-up session on Wednesday, 20th May 2015 where there will be a discussion and feedback from the groups.

**Date:** WEDNESDAY, MARCH 4

**Time:** 7:30pm—9:30pm

**Venue:** Prouille Catholic Primary School Hall, Wahroonga

**Address:** 5 Warner St, Wahroonga

**Cost:** Free Event

**Enquiries:** Jackie Thornton

Ph. 9489 2221 (Parish)

**REGISTRATION DETAILS:**

Reserve your seat & acquire your ticket at www.trybooking.com/GYBM by Wednesday, 25th February, (Limited Seating)

If assistance is required for registration please contact Jackie Thornton:

secretary@holynamewahroonga.com.au

or Ph. 9489 2221.

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**2015 Special offer**

Free shorts and Socks for all new registered players to the club

**Den Night (for little and big lions!)**

- All Ages, from 6 to 60
- Fun, Safe & Friendly
- Equal Playing Time Policy
- Your Local Family Club
- All Welcome!

**The club prides itself on keeping the fees low for all to play...**

- U6 – 7 $90
- U8 – 9 $140
- U10 – 18 $150

Includes: Jersey use for the season, Insurance, Presentation Day Award and Team Photo

www.hornsbyjuniorrugby.com.au