Dear Parents

This will be the last newsletter for the term. I wish you and your family a wonderful break at the end of next week and a joyful Easter.

*Now that I, your Lord and Teacher, have washed your feet, you also should wash one another’s feet. I have set you an example that you should do as I have done for you. John 13:13-15.*

This Easter the focus for the children has been on setting them an example so that they can *do unto others*. During each week of Lent the Mission Leaders have shared the initiatives and fundraising stories of Caritas and the way they have impacted the lives of those in need. As a final fundraiser for Caritas the Mission Leaders have proposed a mufti day for next Thursday the 2nd of April. The children can wear sensible play clothes on the day (a hat and closed shoes are required). If the children wear mufti they will be required to donate a gold coin to Caritas.

Our Easter reflections will begin next week. Each class will visit the chapel each day to experience and reflect on the story of Holy Week. These reflections have been prepared so that children have a week long experience and build up of the story of Easter. Please ask your children each night what they saw or remembered of the reflections on Jesus story.

Our staff and parent representatives will attend the Kids Matter training next term to begin our Kids Matter journey. Kids Matter looks at ways the community can support good mental health and the positive and protective factors that support good mental health. One of reasons the Kids Matter modules are being introduced into most schools is the prevalence of anxiety amongst school age children. Anxiety, in its least manifestation can limit a child’s ability to engage with school and friends. If your child is having trouble coming to school, complaining of stomach aches, having difficulty with friendships, fears getting into trouble, seeks to control aspects of their life or has irrational fears, they may be suffering from anxiety. I have included links to two articles you may wish to read over the holidays. Both show that there are positive strategies that can be taken by your child and yourself to help anxiety and to understand it. Some children may benefit from a referral to our school counsellor. [Anxiety Article](https://www.kidsmatter.edu.au/families/enewsletter/helping-parents-nurture-childrens-mental-health-and-wellbeing) and the KidsMatter enewsletter: [https://www.kidsmatter.edu.au/families/enewsletter/helping-parents-nurture-childrens-mental-health-and-wellbeing](https://www.kidsmatter.edu.au/families/enewsletter/helping-parents-nurture-childrens-mental-health-and-wellbeing).

Our children and their families are very generous and kind to their friends and so I will pre-empt a flurry of gift giving or easter egg sharing and ask that children not bring easter eggs or chocolate to school next week to share. If they do want to celebrate Easter a card is very appropriate or a donation on behalf of a friend to Caritas (Project Compassion) would be greatly appreciated and in the theme of our Lenten focus.

A form School Enrolment Years 2016 to 2017 form was sent home yesterday to families. We ask parents to complete and return this form to assist with future planning and our enrolments. We need to project the population of the school for the years 2016 and 2017. A copy of the form is included in this week’s newsletter. If you have pre-schoolers who you intend sending to school in 2016 please pick up enrolment forms from the office or download them from the web as enrolment interviews for 2016 have commenced.

A big thank you to Mrs Tamone and all the parents who helped with the Cross Country on Tuesday at St Leos. It was very successful and streamlined. Thank you also to the parents who prepared their children for the Sacrament of Reconciliation celebrated this week. Many thanks to all parents who have begun helping in classes. If you are assisting can you please sign in and out at the office as this is a WHS requirement for fire drills and emergency evacuations. Please note the change to Winter Uniforms will happen in Week 3 of next term.

Regards

Julie Caldwell
UPCOMING DIARY DATES

28 Mar  Voting in NSW election  
29 Mar  Sunday: Holy Week/Palm Sunday  
30 Mar  Monday: End of Term Healthy Lunch for all students (sushi & slinkies -BYO apple) organised by Yr 5 & 6  
31 Mar  Tuesday: Band Concert in Veritas Hall (6.30pm)  
31 Mar  AFL Polding Trial Newcastle  
01 Apr  Wednesday: Year 4 Mass St Dominic’s Chapel (2pm)  
02 Apr  Thursday: Lunch time Recital (12.45pm)  
02 Apr  Last day Term 1 – Mufti Day – Gold coin required.  
03 Apr  Good Friday  
04 Apr  Easter Saturday  
04 Apr  Daylight Saving Ends  
05 Apr  Easter Sunday  
20 Apr  Staff Development Day  
21 Apr  First Day Term 2

Link to School Calendar on school website for further information and dates

RELIGIOUS EDUCATION NEWS

Sacrament of Reconciliation  Congratulations to all the children who received the Sacrament of Reconciliation for the first time this week. Thank you to those parents who kindly volunteered as group leaders in preparation for this Sacrament. Thank you also to Mrs Sally Oong for all that she has done to prepare the children for this special occasion.

WHY DO WE GO TO RECONCILIATION?  It would be wonderful if we always lived the teachings of Christ: never felt pride or never said or did things in anger that hurt another person. But in truth, there is not one of us that is perfect. God understands our needs and weakness very well and that is why we have been given the opportunity to participate in Reconciliation rites. It is the means through which we can encounter our loving God and experience in a human manner the healing words of forgiveness.

The beauty of the Sacrament is that it allows us to experience in a human manner the admission that we are human - that we sometimes fail to do good. And it is because we are human that God, through the Church, has given us this sacrament of forgiveness. Not to be considered a duty or obligation, it is an opportunity for healing, for forgiveness, for peace. This is the essence of Reconciliation.

Project Compassion- Mufti Day  I continue to thank all the children and families who are so generously supporting this important Lenten fundraiser. To culminate this appeal we are having a Mufti-Day on Thursday 2nd April. All children may dress in suitable clothing with closed in shoes and a hat. We are holding a gold coin trail in the playground lead by the Mission Prefects. I thank the Mission Prefects who have been providing snippets of information at Friday assemblies and collecting Project Compassion boxes.

SPORT NEWS

Polding Trials  Last Friday several of our swimmers competed in the Polding trials at Homebush.

Congratulations to the following children:
Jordan F 9 year Freestyle 11th place, Caitlin M 11 year Freestyle 6th place, 11 year Backstroke 9th place and 11 year Butterfly 10th place, Sabrina H 11 Year Backstroke 10th place, Junior Girls Relay (Phoebe W, Lily H, Maddie H and Molly M) 8th place, Senior Girls Relay (Caitlin M, Sabrina H, Zoe W and Olivia B) 9th place.

Cross Country  On Tuesday our cross country trials were held at St Leos Oval. 115 children aged 8-12 years trialed for selection in the school team which will now go to the cluster championships on Tuesday May 5 at St Ives Showground. Thank you to all the parents who assisted on the day and for the support of Mrs Caldwell and teachers who accompanied the children on the day.

The children who placed in the top 6 will now progress to cluster and they will be given permission notes next week. Congratulations to the following children who placed first in their respective races.

<table>
<thead>
<tr>
<th>8 Year Girls - Hannah G</th>
<th>8 Year Boys - Alex G</th>
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<tr>
<td>9 Year Girls - Bianca H</td>
<td>9 Year Boys - Isaac W</td>
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<td>10 Year Girls - Molly M</td>
<td>10 Year Boys - Cavan R</td>
</tr>
<tr>
<td>11 Year Girls - Caitlin L</td>
<td>11 Year Boys - Ethan M</td>
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<tr>
<td>12 Year Girls - Ella J</td>
<td>12 Year Boys - Oliver W</td>
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Cross Country Training  In preparation for the Cluster Cross Country we would like to encourage our team to keep training. Some families will be training at the following venues and times if you would like to join in.

- Rofe Park Hornsby Heights  Sunday 4.00pm
- Cliff Oval Tuesday mornings from 7.30am

OFFICE NEWS

Mother’s Day Stall  Thursday 7th May
Order Forms for the Mother’s Day Stall order form and money is due back to the class teacher by Friday 27th March. [Order Form]

Lost Property  There are many items to be collected: Swimming carnival – Yellow polo t-shirt, red t-shirt, red thongs, 1 x nike jogger (black & purple)  Items found at school -two pairs of reading glasses: black frame (small size), silver frame in black soft case. The lost property basket outside the student counter at the school office.

Expired Medication
Reminder to parents to please note expiry dates of medication provided to the school office. Parents are responsible for providing new medication to the school office.

Request to Administer Medication at School
Reminder to parents to please return completed forms to the school office for children requiring prescription and/or over the counter medication to be administered at school. [Link to form]

Photograph/Video Permission forms were sent home to families in Week 4. Thank to those who have completed and returned the form. If you have not yet returned the form please click on the [link to Permission Form] to complete and return to the school office. Forms received from parents with sections crossed out or amendments made are deemed as No Permission. Parents are welcome to complete a form to resubmit to the school office.

Please be aware that it is Catholic Schools Office Policy that student’s surnames are not published on the Website and any photographs used would not list student’s names. If we do not receive this signed form, when photographs/videos are taken during school activities, eg school concerts, sporting events, school photos etc, your child will be not be centre stage or in direct vision of the photograph/video. It is the parents/guardians responsibility to contact the school office if
details or permissions change throughout the year. The school will not contact parents in regards to confirm permissions/details throughout the year.

Email Please contact the school office if your email address changes. Correspondence from the school is sent via email. If you are not receiving school emails please check your Junk mail. If your mailbox is full this may be why you are not receiving school emails.

POSITIVE BEHAVIOUR FOR LEARNING

During Weeks 9 and 10 our PBL (Positive Behaviour for Learning) focus at school (and home) is:
- At Prouille we are respectful when we are fair and just (Justice).

MUSIC NEWS

Recital We look forward to our next lunch time Recital on Thursday 2nd April

Do come along and support our musicians.

P & F NEWS

School Uniforms A huge thank you to all the wonderful parents who donated second hand uniforms for this terms sale. As a result of your generosity a fabulous $963 has been raised on behalf of the Prouille Pastoral Care Fund. Whilst the main sale is now over, please note that if you need additional uniform, stocks of donated items are available for sale throughout the year via Emma McGrath.

Late 2013, the P&F conducted a school uniform survey and the issues identified were discussed with our uniform supplier. We are now reviewing the situation again and invite feedback from parents regarding the current school uniform i.e. quality, supply, pricing etc. so we know what issues have/have not been resolved and are aware of any new concerns. Please send your comments to either Emma McGrath (emma.mcgrath@yahoo.com.au) or Wendy Maccioni (wendymaccioni@hotmail.com) by 2nd April.

Finally, as we approach the end of Term 1, now is the time to check your current uniform. The lost property basket located just outside the school office is brimming full, especially with sports jackets! Please check the labels on your kids’ uniforms to make sure you have the correct items, including hats! The lost property basket is cleared at the end of term and whilst every effort is made to return labelled items to their homes, anything unlabelled is donated to charity or the second-hand uniform stock.
COMMUNITY NEWS

Dear Prouille Footballers

Despite the passing showers, our annual Trial Day with our brothers and sisters at Sacred Heart Pymble ran smoothly and the kids got to play lots of football. The Kindies looked great in their new kit, with our new 'That Barber Shop in Wahroonga' shorts making their grand entrance thanks to the hard work of Jamie Hill. A big shout out to our main sponsor the Alto Group as our new marquee kept people and equipment dry throughout the day.

So a big thank you to SHP, our committee, and all the coaches and managers and referees who helped to make our Trial Day such a success.

All teams should have commenced their weekly training at this stage, the Junior Mixed competition will be formally kicking off on Saturday April 18th and the Girl's competition on Sunday April 19th.

For the coaches and managers (and interested parents), there is a free Grassroots course Monday 30th March - Norman Griffiths Oval - 6pm to 8.30pm - just turn up or get more information from www.nsfa.asn.au. Don't forget that our coaching management team - Steve, Silvio, and Piers - are there to help so don't hesitate to reach out to them for advice and assistance.

With the school holidays approaching, don't forget to MAKE the EFFORT to get out in the yard and kick a ball with your kids on a regular basis. Have a daily competition to see if you can juggle a football for longer than your kids!

Roll on Season 2015 - see you in April.

Michael Trinder
President, Prouille FC
Mo: 0406 753 029, President@prouillesoccer.com.au

Proudly sponsored by the Alto Group, NorthPoint Motor Body Repairs, and That Barber Shop In Wahroonga!!

Netball Report

The 2015 season officially started last Saturday in very wet conditions! Luckily the 10Bs and the 2 Netta teams didn’t have to play but the other teams played very valiantly in the rain!

The 9C’s were up against a very strong team - Kissing Point, for the first game of the season. Kissing Point won, 21 - 0. Despite the score and the rainy weather - the girl’s spirits were not dampened. Layla D won player of the match, showing off her great defence skills and intercepts.

The 11D’s also had a tough match against a very strong Wahroonga side and went down 21 – 1. Considering we had two girls in the team who had never played before, our girls did an awesome job. Player of the Week was Isabella A who really stepped up and did so many great things as WA.

The rain put a bit of a dampener on the 11A’s first game of the season, but they found our mojo when trialling new positions, overall playing well but losing to a well-oiled WP team. Player of the week went to Coach Peter for his excellent start in moulding the girls into a new team!

Last playing day tomorrow until matches start again in May so have fun tomorrow girls – don’t forget to have an early night and clip those nails!

For any Kindy parents, remember Skills Trial Day tomorrow at 10am at the Loftberg Courts.

Also – Netball World Cup 2015 tickets will be on sale on 31 March – so don’t forget to pick up some seats – the tickets are for the whole day and so are great value. Go to nwc2015.com.au

Mary Weaver
If you would like to assist or make a donation please send to the school office in an envelope addressed to Simone Bryant. Simone can be contacted on 0411 626 676 or simoneandpaulb@msn.com
Catholic schools are open to all students – Catholic, non-Catholic, poor, wealthy, indigenous and those with a disability – and are therefore representative of the wider Australian society.

Enrolments of students with a disability and indigenous students have been the fastest growing in NSW Catholic schools for the past 15 years.

With more support, we can do more for students with the greatest need.

This is why funding support from Federal & State Governments must keep pace with rising education costs to maintain education quality and to ensure a Catholic education remains affordable for all families.
SCHOOL ENROLMENT - YEARS 2016 to 2017

Please return this form to the school office by Wednesday 1st March 2015

To assist with future planning and our enrolments, we need to project the population of the school for the years 2016 to 2017.

If you have pre-school children, could you please complete the information below as this will also help us check that all siblings have enrolled for their prospective kindergarten year.

**FAMILY NAME**

**CHILDREN ATTENDING SCHOOL**

<table>
<thead>
<tr>
<th>Student name</th>
<th>Current year at Prouille</th>
<th>School attending 2016</th>
<th>School attending 2017</th>
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**PRESCHOOL CHILDREN**

If you have pre-school children who haven’t commenced school

<table>
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<th>CHILD’S NAME</th>
<th>DATE OF BIRTH</th>
<th>Anticipated year of enrolment into Kindergarten at Prouille</th>
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Signed: ___________________________________ (Parent/Guardian)  Date: ___________________