Dear Parents,

This week’s gospel tells on of the most well-known bible stories: The Prodigal Son. It is a story that can be looked at from so many perspectives. The older brother’s perspective is a difficult one as he struggles always to do the right thing only to find a feast being prepared for his younger brother who has been off losing his father’s money. From the younger brother’s perspective we would see the forgiveness the father has to show the son who has gone away and returned repentant. As parents many of us would now view the story from the fathers perspective where his unconditional love would see him celebrating the return of his son no matter what he had done.

This morning we held our Open Day to celebrate Catholic Schools Week. Many current parents and prospective parents turned up to see the wonderful work we do as a school. A huge thank you to Mrs Lisa Emerton in the office who has spent weeks preparing for the day. Thank you to Amanda, Matthew and Kim our band tutors who performed with and conducted the band. Thank you to our Kinder and Year 1 mums who acted as hosts and welcomers and really showcased the school and the warm and welcoming community that we have at Prouille. Thank you to Mr Tony Gleeson and the St Leos students who attended our Open Day. Please see the photos from their Open Day where they recently had 500 attend. Year Six students are invited to attend St Leos extra Open Day on the morning of 1st April. (The original day clashed with the Year Six Cluster Mass)

Today we welcomed Father Colin who will be the new Assistant Priest at Wahroonga. We hope that he settles back into life at Holy Name. Father Colin has previously worked at Wahroonga and has been working in Sydney Diocese recently.

I hope Wellbeing Week has been a good one for you and the children. Thank you to the Wellbeing team, the SRC, Mrs Dillon, Mrs Lees and Year Six for making it such a meaningful week. Last Friday a number of parents attended a Wellbeing session that I ran with Cecelia Lam our new school counsellor. I talked about the protective factors that assist in the development of good mental health in children.

They are:

- Child: The disposition of the child
- Family: The family as a support unit
- School: School as a safe and nurturing place
- Life Events: Support of a caring adult and support during difficult life events
- Society: Participation in community, security and identity
Cecelia explained the services of the counsellors from CSO who are available for short term counselling and for parent information sessions regarding behaviour and anxiety. She explained some of the “red flags” for anxiety which you might want to look for. They are changes to sleeping patterns, changes to eating habits and changes to behaviour. We talked about the prevalence of anxiety in society today. With the statistics being that one in six young Australians are currently experiencing an anxiety condition (Beyond Blue figures) it is important that we as a school community understand and educate ourselves as best we can in ways we can promote good mental health in our children.

This week we trialled a 9am P and F Meeting. This was attended by a number of parents at the school. At the meeting the year’s plans were proposed and discussed. I thank the P and F for all the work they do in supporting Prouille School.

As part of Wellbeing Week Robyn Gallagher ran a Parent Reflection morning yesterday. It was well attended and it gave parents an opportunity to reflect on their role as parents in a busy world.

We have introduced online permission forms. This will reduce the amount of paper being used at both school and home. The online form can be accessed and completed from your phone, ipad or PC without the need for printing. The link to the Cross Country note and permission can be found under Sports News.

Regards,

Julie Caldwell
UPCOMING DIARY DATES

**Term 1 2016**

12 Mar  | Reconciliation Session 2 Yr 3  
| (3.45pm at Prouille followed by 5pm Mass at Holy Name)

**Week 8**

15 Mar  | Year 5 Class Mass at Holy Name (9.15am)
17 Mar  | St Patrick’s Day Reflection
18 Mar  | Year 4 Social Event
18 Mar  | Parent Education Session: NAPLAN 2.30pm in Hall
18 Mar  | **No assembly**
19 Mar  | Reconciliation Session 3 Yr 3 (3.45pm at Prouille followed by 5pm Mass at Holy Name)

**Week 9**

21 Mar  | Holy Week
21 Mar  | Reconciliation Sacrament
23 Mar  | Reconciliation Sacrament
25 Mar  | Good Friday
26 Mar  | Easter Saturday
27 Mar  | **No assembly**

**Week 10**

28 Mar  | Easter Monday
29 Mar  | Whole school Reflection He has Risen
31 Mar  | Prouille Cross Country (St Leos)
31 Mar  | Polding Swimming Carnival
31 Mar  | Piano lunchtime recital (Hall)
1 Apr   | School Photos
1 Apr   | **No assembly**
3 Apr   | Kindergarten social event

**Week 11**

4 Apr   | End of Term Healthy Lunch
5 Apr   | Wet Weather date for Prouille Cross Country
5 Apr   | Year 5 Mass Chapel (2pm)
5 Apr   | Violin lunchtime recital
5 Apr   | The Dish – Prouille
6 Apr   | Band Concert (evening)
8 Apr   | Assembly (2.30pm)
8 Apr   | Last Day Term 1

Link to [School Calendar](#) is available  [school website](#) and [Prouille Mobile App](#) for further information and dates

**POSITIVE BEHAVIOUR FOR LEARNING**

During Week 8 Term 1 our PBL (Positive Behaviour for Learning) focus at school (and home) is:

❖ **At Prouille we are learners when we always try our best (Individuality)**

Link to [PBL Scope and Sequence 2016](#)

**LEARNING AND TEACHING NEWS**

**ICAS International Competitions and Assessments for Schools**

**REMINDER: ICAS COMPETITION ENTRIES DUE**

We are offering your child an opportunity to participate in the *International Competitions and Assessments for Schools (ICAS)* at school.
<table>
<thead>
<tr>
<th>Subject/Paper</th>
<th>School Year</th>
<th>Official Sitting Date</th>
<th>Entry Fee, incl. GST</th>
</tr>
</thead>
</table>
| Science      | Year 2-6   | 31 May 2016
8.00-8.45am In Year 6 classrooms | 8.80 |
| Writing      | Year 3-6   | 13–17 June 2016
8.00-8.45am In Year 6 classrooms | 18.70 |
| English      | Year 2-6   | 2 August 2016
Held during school time | 8.80 |
| Mathematics  | Year 2-6   | 16 August 2016
Held during school time | 8.80 |

To enrol your child in ICAS, please complete the registration form [LINKED HERE](#), and return it, with your entry fees, to school by **Tuesday 15 March 2016**.

To learn more about ICAS go to [www.eaa.unsw.edu.au/icas/about](http://www.eaa.unsw.edu.au/icas/about). Remember, EAA has some very helpful tools to help your child prepare. You can access practice assessments at [www.eaa.unsw.edu.au/icas/preparation](http://www.eaa.unsw.edu.au/icas/preparation)

**To enrol your child in ICAS**, please complete the registration form overleaf and return it, with your entry fees, to the school **no later than Tuesday, 15 March 2016**.

**PLEASE NOTE NO LATE ENTRIES WILL BE ACCEPTED.**

Kind regards,

Tanya Armstrong
Assistant Principal

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**RELIGIOUS EDUCATION NEWS**

**Project Compassion** The Year 6 Mission Leaders would like to thank everyone who has been donating money to Project Compassion over the last few weeks! Already Prouille has raised over $200, and there’s still two weeks of this important fundraiser to go! We are so grateful for everyone’s generosity and can’t wait to see what the final total will be.

**St Lucy’s Visit** Last week, the Year 4 teachers and students hosted two staff members from St Lucy’s, Ali and Melissa, in readiness for our Play Buddies program which will commence again this year. This valuable program is indeed beneficial for all who are involved, and it is a special responsibility that the Year 4 children look forward to each year. The friendships formed between the participants are long-lasting and enriching, and it is an initiative that we are all very proud of here at Prouille.

**St Lucy’s Assembly** Today, our Vice Captains, Mattia and Grace, attended the St Lucy’s Friday Morning Assembly for a special presentation. As you know St Lucy’s is a Dominican school and we are connected through our own Dominican past when Prouille was also originally founded by the Dominican Order. This year celebrates 800 years since the Order was first founded in Prouilhe, France by St Dominic! A special presentation of the Dominican Staff and book was made to Mattia and Grace, along with the St Lucy’s community acknowledging this special occasion!

**Year 1 Families** There has been a change in time/day for the Year 1 liturgy with Fr David that was planned for Tuesday. It will be re-scheduled for some time next term and you will be informed of that new change when it is confirmed.

Thank you for understanding
Vanessa Dillon

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**WELLBEING NEWS**

**PBL Gold Awards** Congratulations to the following students who this week received their PBL Gold Award! This means that these children have consistently demonstrated wonderful examples of being a ‘Respectful Responsible Learner.’ Well done to: Rosie (2S), Carissa (4F), Molly (6LD) and Maddie (6LD). We acknowledged this amazing achievement at our Friday afternoon assembly today!
Wellbeing Week  This week has been a wonderful Wellbeing Week at Prouille with lots of opportunities and experiences provided for students, staff and parents. Please take some time to view examples of these opportunities in the walkway outside the Year 1 Classrooms. Some work samples and reflections are displayed around each of the themes addressed throughout the week: Mindfulness Monday, Trumpeting Tuesday, Wonderful Wednesday, Thankful Thursday and Fun Friday.

Additional activities also took place out on our playground too, with reading under the tree and stretching exercises. As well, there was a soccer and touch footy tournament on the top playground and an obstacle course in the amphitheatre. Music played of a lunch time with some dance items being taught, as well as free dancing on Friday. A HUGE thank you to the Year 6 children whose care, concern, dedication and thoughtfulness ensured these experiences were enjoyed by all!

Thank you also to Mrs Robyn Gallagher who kindly provided a beautiful, relaxing and rejuvenating experience for our parents on Thursday morning. From the feedback we’ve received, it looks like we should endeavour to make this a regular offering to the parent community during Wellbeing Week 😊

Wishing you peace and blessings,
Vanessa Dillon

Mother’s Day Stall  Link to Mother’s Day Stall order form. Please return form by Thursday 24th March.

SPORTS NEWS

Prouille Cross Country will be held on 31st March at St Leo’s Wahroonga. Please click on the link below for all information about the day and enter your child’s details. Please note, you will need to submit one form per child.

- The event is open to students in Years 3 to 6.
- Year 2 students turning 8 years old this year and are competent running 2km may also enter.
- Any student requiring Ventolin must carry their Ventolin with them on the day. Parents are asked to ensure your child’s name is clearly marked on their Ventolin.

Link to Cross Country note and permission Please complete and submit form no later than 20th March

MUSIC NEWS

Lunchtime Recital  We had a lovely group of family and friends to enjoy our first Lunchtime Recital of 2016. The children who perform in these recitals need to put in extra effort in preparation, so a supportive audience is always appreciated. Our congratulations go to Candela N, Ruby H, Boston P, Hugo W, Talia N, Olivia S, Sam S, Oliver W, Lucia M, Ava H, Will B and finally Gloriana V to whom our good wishes go in her family’s big move.

Our next Lunchtime recital is scheduled for Thursday 31st March. This will be a particularly special recital for our piano students who have begun lessons this year. All are welcome to attend.

Piano teachers, Janet Wise and Elizabeth Moor.
2016 Sacramental Program 2016

Link to Children’s Sacramental Program 2016
- Enrolling your child into the Sacramental Program
- Parish Family Mass dates for 2016
- Information Evenings
- Group Leader Training
- Sacramental Preparation Groups

OFFICE NEWS

School Fees have been emailed to all families. If you have not received your school fees via email please contact the school office.

Instalment dates – please refer to your statement regarding the type of schedule you have selected and refer due dates for March 2016 via the link school fee instalment dates.

If you have any queries regarding school fees please contact the school office. Lisa Emerton will follow up to assist families with fee enquiries.

Print from your phone and ipad We are trying to reduce our paper consumption and so will not be sending printed copies of notes and newsletters home. We will investigate using online permission forms this year. We have investigated printers for you and have found that there are four at Officeworks Hornsby, under $50, that will print notes from your phone and Ipad.
Wednesday is School Banking

Link to school banking

COMMUNITY NEWS

Vacation Care

Break 1: April 2016 Vacation Care
Water Street, WAHROONGA

Link to Water St Kids Vacation Care information and booking

COMMUNITY NEWS

EXCLUSIVE OPEN DAY
FRIDAY 1st APRIL 2016
9am – 11.30am
St Leo’s Catholic College Wahroonga invites all 2016 Year 6 students, siblings and families to attend a special Open Day exclusive to all Broken Bay Diocese Catholic Primary Schools

- Principal’s Welcome 9.15am in The Light of Christ Centre
- Meet the Principal, staff & students; school tours; entertainment and complimentary refreshments.

RSVP for catering purposes by 30 March to Jayne Persico: Email: jayne.persico@bb.catholic.edu.au
16 Woolcock Avenue, Wahroonga, NSW 2076 | T: 9487 3555
St: etleos@bb.catholic.edu.au | www.etleos.nerwondo.au | @etleos

MONTE OPEN DAY
Sunday 13 MARCH
9.30am – 1.30pm

Bring the family! Discover how a Monte education can transform your daughter’s future.

11.00am Information Session hosted by Principal, Mrs Nicole Christensen

Monte Sant’ Angelo Mercy College
128 Miller Street, North Sydney / 9408 6250 / www.monte.masc.edu.au
My Dear Prouille Family

It was warm and sunny for our Orientation Day last Sunday, it was great to see everyone out and about on a Sunday morning and the kids had a good run. Key points to remember:

* Everyone needs to referee - the Coach needs to coach, and you cannot coach while you are ref'ing - we will send you all a one-page set of rules;
* Play nicely with others - keep everything positive, constructive, and short - football should be a happy experience for the kids;
* Get to training - it is an important part of the team bonding process and helps instil discipline - we are a community, offer help if you see a need, ask for help if you are struggling;
* Get involved - the kids appreciate your commitment, and the investment in time pays off for many times over;

Heads-up that we are still waiting on some new equipment, so the Coaches and Managers evening scheduled for Wednesday has been cancelled. Any team management questions should be sent to Piers at VP@prouillesoccer.com.au.

The next date for your calendars is the Trial Day with Sacred Heart Pymble - Saturday 19th March. In the meantime both the Committee and your Team Managers will be in touch. Pat Burton can be contacted with any registration orientated questions: Registrar@prouillesoccer.com.au.

Our Season 2015 trophies are being presented to the School this week by Piers and Kat, so look for them in the trophy cabinet next time you visit Prouille.

This is my last post, so I would like to thank our volunteers, players, and families over the last decade that have made Prouille FC the great little club that it is. It has a wonderful experience and I have met some amazing people that have enriched my life. From today the best contact to get me on is michael@trinder.net.

I would also like to thank our sponsors: George Severino and Alto have been a central part of the rejuvenated Prouille FC; Craig Willis and the team at Northpoint Motor Body Repairs have been our most enduring sponsor (and solid defender for the Over 45s); while Bec and Greg at That Barber Shop in Wahroonga are our newest sponsors and central part of our local community. Please attend these three great businesses when you have the opportunity.

Lastly, I would ask that you support the 2016 Committee, and think about putting your hand up to help - if it is turning sausages or putting kits together, or even as the new Kindy Liaison Officer - all assistance is appreciated, contact our Secretary Eddie Lee at Secretary@prouillesoccer.com.au.

So long for now, I will see you on the field.

Michael Trinder
Outgoing President, Prouille FC ** Champion Club on the north shore for Season 2015 **
Mo: 0406 753 029, President@prouillesoccer.com.au

Proudly sponsored by the Alto Group, NorthPoint Motor Body Repairs, and That Barber Shop In Wahroonga!!