

### PROUILLE NEWS BULLETIN

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2nd September Week 7 Term 3 2020

Dear Parents and Carers,

Ready for a little poetry? Probably, you will be able to guess the age of the poet.

"A dad is a person who is loving and kind, And often he knows what you have on your mind.

He's someone who listens, suggests and defends.

A dad can be one of your very best friends."



Children who can write poems like this are saying that they feel that they really matter and are important in the lives of their fathers. A father can do a lot for a child but it is the emotional bond that the child feels, that their dad is really there for them and that their welfare and progress socially, intellectually and emotionally really matter to their dad.

As men have become more concerned about balancing work and family, they have recognised the enormous benefits, rewards and satisfaction from being a good parent. They see that the emotional investment they make in their children comes back to them in terms of making them more open and more satisfied as an adult human being.

However, being a dad entails knowing when to shift gear and move into a role that is appropriate to the development of your child. Mark Twain's witty observation has some advice to offer: "When I was a boy of 14, my father was so ignorant I could hardly stand to have him around. When I got to 21, I was astonished at how much he had learned in seven years."

One thing that dads have to do is to make a conscious change in the way they handle their children when they reach adolescence. In your child's young life Dads are, traditionally, the provider and the rule maker. When your child becomes a young teenager, often Dads need to make a shift towards being an adviser, confidant and guidance counsellor. Instead of imposing rules, you can listen and allow your child to take some of the responsibility for making decisions and gradually take on a more adult role, while you provide the emotional security, nurturing and warmth that your child needs. If Dads fail to make the shift, they run the risk of giving their child the Mark Twain experience – a dad "gone missing" for seven years.

Oxford University's "Tomorrow's Men Project" surveyed more than 1500 boys between the ages of 13 and19 and proved the importance of the role of a father. More than 90% of boys who felt that their fathers spent time with them and took an interest in their progress, emerged in the "can-do" category. There is living proof of this theory through the role of the Prouille fathers and the difference they make to their daughters and sons daily lives. Our children are truly blessed to have such amazing dads.

There is much truth that "A man's garden and his children, both reflect the amount of nurturing done during the growing season". *Author unknown.* 

So, how about some more of that poem:

"Thank you, dad, for listening and caring for giving and sharing" but, especially, for just being you.
Happy Father's Day!"



### God, our Father,

Thank you for the difference between men and women: we eat differently, we dress differently, we smell differently, we cope with life differently. Help us to use who we are for the benefit of our children. May the guidance of Your wisdom and love be always with us. Amen.

Prouille Dads are the most generous, caring, wonderful, heroic and loving by far! We are so blessed to have such amazing individuals in our lives.

### Happy Fathers' Day!

#### **WELCOME**

Last Friday we farewelled Mrs. Grigor for a little while as she prepares for the birth of her first child. This week we welcome Mrs. Sonia Colbert and Mrs. Kate McLaughlin who will be the Kindergarten teachers till the end of the year. I know you will join me in extending a very warm Prouille welcome to both Sonia and Kate.

### **NIGHT OF THE NOTABLES**

Over the last two weeks the students in Years 5 and 6 have been presenting their Night of the Notables presentations. These presentations have been held under COVID-19 restrictions. Our Prouille students need to be commended for their commitment, dedication, enthusiasm and excellence in engaging in deep learning and meaningful research.

This year the children were asked to research a person who was an eminent individual who had shown **resilience and persistence in their careers or life.** This meant that they had to think broadly and work hard at narrowing down their thoughts and ideas. Chosen notables also had to have made a significant impact on humanity for the betterment of mankind.

The children developed and utilised advanced communication skills and personal creativity in their presentations. It was amazing to see the children take on the role of their chosen notable and present their identified gifts, how they responded to education, opportunity, mentoring, overcoming adversity, determination, resilience and persistence in their pathway to reach out and make the world a better place for all.

Congratulations this week to:

Billie-Mae - Nova Peris; Matt - Dennis Lillee; Milly - Katrina Warren; Lily - Turia Pitt;

Charlotte - Fred Hollows; Violet - Ash Barty; Phoebe - Malala; Flynne - Albert Einstein;

Sienna - Sally Pearson; Katelyn - Fiona Wood; Sienna - Quentin Bryce; Arjuna - John Flynn;

Thea - Elizabeth Kenny; Oliver - Peter Cosgrove; Luca - Dr. Struan Sutherland;

Bella - Saint Bernadette; Isaac - George James Coles; Salome - Dame Nellie Melba;

Archie - Steve Irwin; Veronica - Judith Wright; Darcy - George Lucas; Kayla - Dr. Catherine

Hamlin; Finn - Sir Donald Bradman; Phoebe - Connie Johnston; Isabella - Astrid Lindgren;

Sibella Dooling - June Dally Watkins; Nalini - Olivia Newton-John; Harry - Weary Dunlop;

Jethro - Charles Kingsford - Smith; Mia - Fiona Stanley; Kevin - Dr. Victor Chang.

























### **SCHOOL PHOTOS**

School photos wil be taking place on Monday 7<sup>th</sup> September. Place your orders online via Compass. Instructions included in newsletter.

All children to wear full winter school uniform. Hair neat and tidy and shoes polished.

### Congratulations to all the children who received awards last week

CLASS	
K Kangaroo	Max, Amelia, Faith
1 Rosella	Emma, Harry
1 Lyrebird	Alexandra, Flynn
2 Emu	Mia, Ethan
3 Platypus	Pedro, Olivia
3 Bilby	Annabelle, Ryan
4 Kookaburra	Abigail, Justin
5 Echidna	Harry, Owen
5/6 Wallaby	Arjuna, Evan

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#### STAR OF THE WEEK

Congratulations to Yohann in Year 4 Kookaburra who is our Star of the Week. Please visit the school walkway to see Yohann's fabulous work!

Yours sincerely

Sue Bevan

Ms. Sue Bevan PRINCIPAL



### **UPCOMING DIARY DATES**

### **Dates for your Diary**

Monday 7<sup>th</sup> September

School Photos

Friday 11th September

Walk to School Day

## **RELIGIOUS EDUCATION AND PASTORAL CARE NEWS**

#### **Dear Parents**

St Dominic was very prominent in the Church and always did his best to spread God's word through his words and actions. His motto was *Laudare*, *benedicere*, *praedicare* which translates from the Latin; - To praise, to bless and to preach. In a similar way, the students at Prouille follow St Dominic's example through their positive attitude to actions in the classroom and out in the playground. The PBL focus for this week is:

### At Prouille we are RESPECTFUL when we speak and act with kindness

It is delightful to see the students helping teachers, but more importantly each other, and treating each other with kindness and generosity in all their activities both during class time and break times as well.

A very happy Father's Day to all the dads, uncles, grandfathers, brothers, and friends.

Take care and God bless, Mr Mark Catanzariti Religious Education Coordinator



## LIFE IN YEAR 5/6 WALLABY 2020

Well, well, well What do we have here? You can all agree it's been a funny year

Remember when,
We were a happy class
Laughing and learning?
Till the virus did us part...

Stuck at home Lives turned upside-down Our smiles slowly, Turning into a frown

Yes, it was tough
A cycle of fear
But, the world didn't endAnd we're all still here

Together again
We've had some great times!
And we're near the end of
the tunnel
I can see the light

What's the next step?
Moving on to year t
Leaving this wonderful class
And I'll miss it again!

# Life in Year 5/6 2020







### ENGLISH- Writing

If you could choose 3 people to have dinner with (present or past) who would they be and why would you choose them. What would you ask them? With your response find an image that captures the gathering.

PIC.COLLAGE

# Life in Year 5/6 Wallaby

Mrs OBP is marking the role Tick tick tick and off we go Next is spelling hip hip hurray That was sarcastic by the way

Reading is next yay yay yay I love reading every day Next is fruit break yum yum yum That's munch and crunch But Don't eat to much or you won't eat your little lunch

Next is PDH we're learning about weird stuff Can't wait till it's over hurray we're done

Now it's recess that's eat quick I shoot a hoop Hip hip I win

The bell has rung ding dang dong It's time to line up and we run

Math is next, multiplication it is I'm learning my times tables I hope this goes quick

We're painting a swatch watch I am painting a goldfish Once you're done and had fun Make sure pack up or you'll have to run

Lunch is here yay yay yay I'm going to eat my sandwich today I Play and play and play and play the bell rings again and that's almost the end of my day

Back to art then I hear the noise It's the bell of home time

Finally Hip hip hurray it's time to go home after a long day

By Katelyn

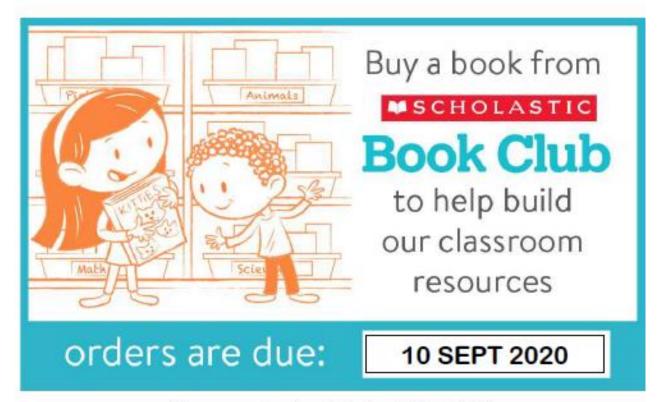


# Life in Year 5/6 Wallaby

My name is Mia and I'm in the 5\6 class
School was going great for me
Then COVID-19 just had to start
I had to be home-schooled for about 3 months
With my sisters wanting me to do all kinds of stunts
Being home every day may sound great
But going back to school was now my fate
After a long 11 weeks of staying home
When we were going back to school was still unknown
I had to be patient although I couldn't wait
I wanted to go to back to school
Because school seemed so great
Now it's Term 3 and we have returned to school
But I still wouldn't say that all things were back to normal.

### **SCHOOL NEWS**

### BOOK CLUB ISSUE 6 ORDERS DUE BY 10 SEPTEMBER 2020



Orders can be placed via Book Club LOOP

NO CASH PAYMENTS.



For any queries contact Michelle Lee via email: bookclubprouille@gmail.com

### **COMMUNITY NEWS**



FOXGLOVE OVAL, MT COLAH

# JUNIOR COMP WEDNESDAY AFTERNOON STARTS 14TH OCT

\$70 per player including playing shirt All Games at Foxglove Oval, Mt Colah Family Discounts

**BOYS + GIRLS** 

DIVISIONS 9s | 11s | 13s | 15s | 17s

# REGISTER @ HORNSBYTOUCH.COM.AU

- 8 week competition | Starts 14<sup>th</sup> October 2020
- ALL games at Foxglove Oval, Mt Colah
- ONLY Touch competition in Hornsby Shire
- \$70 including playing shirt
- Family Discounts | 2 Children \$135 | 3 Children \$195
- Wednesday afternoons



Top 5 tips for parents to get their kids walking to school:

- 1. Walk some or if you can, walk all the way to school
- 2. Get off the bus, train, or tram a few stops earlier and walk the rest of the way
- 3. Leave the car at least 1km away from school and walk the rest of the way
- 4. Set your alarm 30 minutes earlier to fit in a walk to school
- 5. If you can't walk in the morning, walk home after school

ENDS.

Contact: Harold Scruby (0418) 110-011

FAST FACTS

WHAT: National Walk Safely to School Day

WHEN: Friday 11 September 2020

WHERE: In all primary schools across Australia

WHY: This national initiative aims to encourage children to lead a healthier, more active lifestyle by

simply including a walk at the beginning, at lunchtime and at the end of each day. The event also promotes reduced car-dependency, greater use of public transport, cleaner air, improved diets

and road safety to primary school children throughout Australia.

HOW: Encourage children to build regular walking in their daily routine by walking to, during, and from

school

IMAGES: Please click <u>here</u> for images.

MORE INFO: www.walk.com.au/wstsd

#### CONNECT WITH US ON SOCIAL MEDIA

Facebook: @nationalwalksafelvtoschooldav

Twitter & Instagram: @NatWalkToSchool

Hashtag: #WSTSD

#### ABOUT PROFESSOR PATRICK MCGORRY AO

Professor Patrick McGorry is an Irish-born, Australian psychiatrist known world-wide for his work in early intervention and youth mental health, and for mental health innovation, advocacy and reform. He is Executive Director of Orygen and Professor of Youth Mental Health at the University of Melbourne. He led the development of headspace, the national youth primary mental health program, which is now in over 100 communities nationally. He has played a key advocacy and advisory role to government and health systems. In 2010 Professor McGorry was named Australian of the Year and in 2016 he became the first psychiatrist to be elected as a Fellow of the Australian Academy of Science.