



PROUILLE CATHOLIC PRIMARY SCHOOL

Veritas Voice

PROUILLE NEWSLETTER

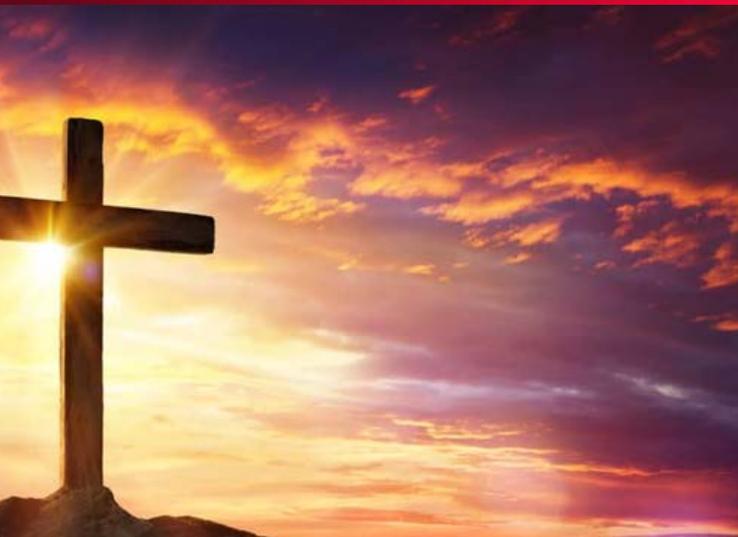
Issue 3 • Term 1, Week 8 • Thursday 28th March 2024

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Happy Harmony and Holy Week

FROM THE PRINCIPAL

Dear Families

As we approach the Easter Long Weekend, I wanted to take a moment to extend my warmest wishes to each and every one of you. Easter is a time of reflection, renewal, and rejoicing, and I hope this special weekend brings you moments of joy, peace, and blessings.

Amidst the festivities and gatherings, let us not forget the true essence of Easter – the significance of Jesus Christ in our lives. His teachings of love, compassion, and forgiveness continue to inspire and guide us, serving as a beacon of hope in our daily journey.

Whether you're celebrating with loved ones, enjoying some well-deserved rest, or taking time for personal reflection, may this Easter Long Weekend be filled with moments that uplift your spirits and deepen your faith.

Wishing you a blessed Easter Long Weekend filled with the presence of Jesus, love, laughter, and cherished memories.

God Bless
Genevieve Smith

AT A GLANCE

Prayer

Principal's Message

Term 1 Calendar

School Events

School Updates

ICAS Updates

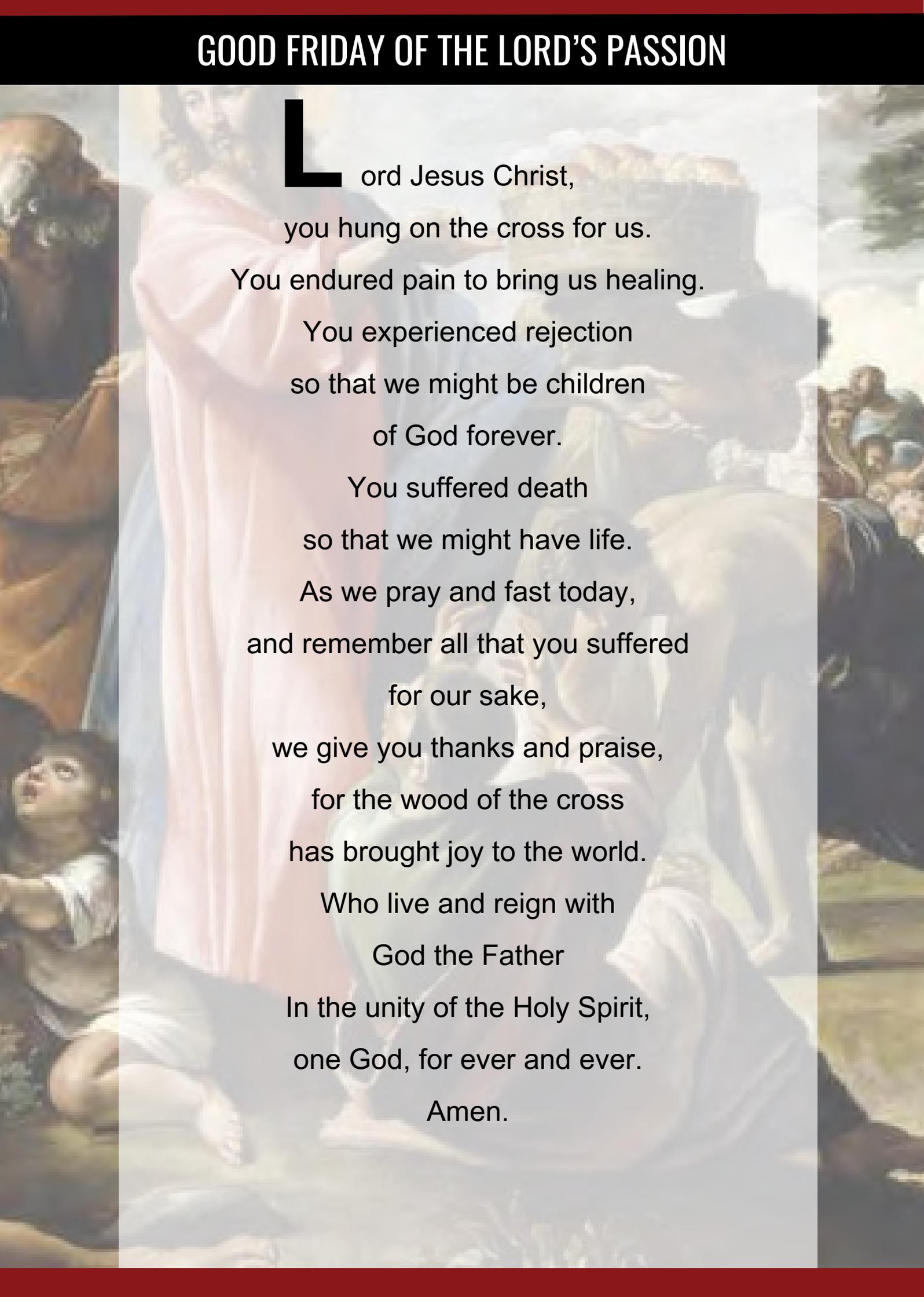
Sporting
Updates

School News

PEC Update

Merit Awards

GOOD FRIDAY OF THE LORD'S PASSION



Lord Jesus Christ,
you hung on the cross for us.
You endured pain to bring us healing.
You experienced rejection
so that we might be children
of God forever.
You suffered death
so that we might have life.
As we pray and fast today,
and remember all that you suffered
for our sake,
we give you thanks and praise,
for the wood of the cross
has brought joy to the world.
Who live and reign with
God the Father
In the unity of the Holy Spirit,
one God, for ever and ever.
Amen.

2024 CALENDAR

Quick Reference Guide to Upcoming Events for Term 1 2024

[Link to Website Calendar](#)

TERM 1 2024



8	25/3	Prouille Cross Country (Gillespie Fields - Knox)	All Grades
	26/3	Holy Week Liturgies	All Grades
	29/3	Good Friday - NO STUDENT ATTENDANCE	
9	1/4	Public Holiday - NO STUDENT ATTENDANCE	
	2/4	Staff Development Day - NO STUDENT ATTENDANCE	
	3/4	Students return after Easter long weekend Easter Liturgy	All Grades
	4/4	SPARK (Corpus Christi)	Selected students
	5/4	P&F End of Term Lunch	All Grades
10	9/4	SPARK (Prouille)	Selected Students
	10/4	Legally Blonde Performance at Brigidine College	Years 5 & 6
	11/4	End of Term Assembly and Student of the Term Awards - 2.30 School Hall	All Grades
	11/4	Year 6 Genius Hour	
	11/4	STUDENTS' LAST DAY OF TERM 1	
	12/4	Staff Development Day - NO STUDENT ATTENDANCE	

TERM 2 2024

1	29/4	Staff Development Day - NO STUDENT ATTENDANCE	
	30/4	Students first day of Term 2	All Grades
	30/4	ANZAC DAY Liturgy	All Grades
	3/5	Whole School Assembly	All Grades

ENROLMENT UPDATE

2025 KINDY ENROLMENTS

Just a reminder that if you are enrolling a sibling in Kindergarten in 2025, all forms need to be completed and lodged by the end of Term 1. All offers of Kindergarten places are made in Term 2 following enrolment interviews.

EILEEN O'CONNOR CATHOLIC SCHOOL SUPPORT CLASSES

In 2022 Bishop Anthony outlined an exciting new vision for Catholic Schools Broken Bay with plans for a specialist school on the central coast for students with disability, as well as support classes across the Diocese of Broken Bay.

This year we opened two support classes at our school, building on the great work already happening across our school for students with disability. Each student in the K-2 Cockatoo and 3-6 Dingoes class is an important and valued member of our community, participating in all aspects of our school.

If you know of any families considering a support class option for their child in 2025, please direct them to the Eileen O'Connor Catholic School website at www.eocsdbb.catholic.edu.au for information on locations and how to apply.

THANK YOU AND....HELP!!

A very big thank you to the P & F for their donation to the school that has enabled us to purchase over 600 new decodable readers for the infants grades and quality literature for the upper grades mandated in the new English Syllabus. This is incredibly generous and due to all their hard work and contributions from the whole parent community.

If you are able to contact/cover a class set (or two!!) of readers or books over the next few weeks please contact the office.



PARENT VOLUNTEERS

PARENT VOLUNTEERS - TERM 2

We would like to invite parents to sign up to become parent helpers for reading groups in various grades. We also have many opportunities throughout the year for parent volunteers on excursions and grade events. Any adult that comes to the school in a volunteering capacity is required to be on a CSBB register. Parents DO NOT NEED a Working with Children Check (WWCC) for many volunteering tasks but still need to complete the Safeguarding requirements. If you intend to be a volunteer in the school this year, please read the attached document and use the link to nominate your grade and the QR code to register with CSBB. This new process will ensure you are on the digital register for 3 years and minimises duplication with paperwork.

If you would like to be a parent helper please do the following:

1. Fill in the google doc to nominate which areas you would like to volunteer for: [Parent Volunteers 2024](#)
2. Read below and use the QR Code to register with CSBB

If you have any questions, please do not hesitate to contact Genevieve to discuss.

VOLUNTEERING AT PROUILLE CATHOLIC SCHOOL WAHROONGA?

Please complete the process via the link below. Ensure you select the correct category of contractor or volunteer. [CSBB Contractor & Volunteer Engagement Form](#)

DEBATING ADJUDICATORS

Do you have an hour to spare on a Friday morning in Term 2?

Would you like to adjudicate a Year 6 debate once or twice or maybe even the whole 6 weeks?

If this sounds like something you would like to do, please contact Genevieve via email or phone.



Full training will be provided if needed!



SCHOOL UPDATES

URSTRONG

We are very excited to announce that Prouille is currently in the process of becoming a URStrong school. This will commence in Term 2 and there will be a Parent Information Evening early Term 2 so that we can all learn the same languages (for example, “Friendology”) and practices together.

‘URStrong’ is an award-winning friendship program that empowers kids with friendship skills to create communities of kindness in schools.

URStrong provides a comprehensive set of tools to embed an overall culture of kindness within a school. Research shows that relationships are the heart of wellbeing & learning. When we get friendships right in schools, children flourish!

URSTRONG provides teachers with a friendship skills curriculum, Friendology 101, that help kids establish and maintain healthy relationships, manage conflict with kindness, and increase their overall resilience.

How will URSTRONG improve our school?



Created by a teacher, for teachers

Lesson plans, videos and activities have been created with your needs in mind. Weekly updates and regular webinars ensure that you're always current!



Kids' language for kids' problems

Language and concepts that can be immediately put into practice are keys to a positive, lasting impact. As one teacher put it, "So simple and so effective!"



Using a fun, 'real life' approach

URSTRONG provides practical relationship strategies to improve the social climate in your classrooms and in your own relationships as well.



A whole-school strategy is key!

We're all about empowering kids with the skills to manage their friendships while providing teachers and parents with a common language to support them.

URSTRONG provides teachers with a friendship skills curriculum, Friendology 101, that help kids establish and maintain healthy relationships, manage conflict with kindness, and increase their overall resilience.

Please see additional information at the back of this newsletter.

SCHOOL UPDATES

SPARK Academy

I would just like to take a moment now to tell you of a very exciting project we are piloting with four other North Shore schools this year. SPARK is a project set to cater for high ability and or gifted students within a domain that they have a proven record of achievement in. The project is called SPARK – Supporting Potential Among Remarkable Kids.

We aim to bring together high ability and like-minded students in an area that they show enormous potential. There are three separate domains we are looking to cater for through the project - the intellectual, the creative and the social and emotional domains. For now, we are not looking to create opportunities for those who excel in the physical domain, believing that Broken Bay with its sporting representative structures lends itself well to supporting and bringing these students together.

Our five pilot North Shore schools - Prouille Wahroonga, Corpus Christi St Ives, OLPS West Pymble, Holy Family Lindfield and St Bernards Berowra, have come together to plan various days in which these students are brought together at our various locations to take part in a fun, explorative and engaging way.

The first two days are approaching fast – the first being at Corpus Christi, St Ives on Thursday April 4th and the second at Prouille on Tuesday 9th April.

Corpus Christi will host a Creative Arts day for stage 2 and stage 3 students. They will come together for a day immersed in art, exploring the principles of art and creating two unique artworks.

The second day at Prouille is for stage 2 and 3 students and is titled 'Mathemagicians'. Students will join us for a day of mathematical discovery and adventure as they engage in high level fun and thought provoking activities.

We will be using teacher nomination and a rigorous selection criteria to invite 5 students per school to join the different experiences. It will NOT be the same five students for all the experiences. If your child is selected they will need to be taken to and from the venue by parents. An email will be sent to parents of the selected students and if you agree, you will be sent a compass permission post with all the details for completion.

MOTHER'S DAY GIFTS

This year we will be sourcing our Mother's Day gifts from Cana Farm. Cana Farm was opened in 2011 and is an integral part of Cana Communities' mission. Cana Communities was established in 1975 as a place of welcome, to meet the needs of people who live on the streets. Cana's mission is to care & support those people who suffer from illness, addiction and homelessness and are struggling to integrate into the community.

The Farm offers a safe place to belong in a positive community. We offer extensive outreach opportunities, education, life skills and community involvement. The Farm is a place of belonging which provides opportunities to be involved in constructive projects which the community are then able to enjoy together.

Please use the [this form to select](#) how many gifts you would like your child to purchase at our Mother's Day Stall this year as we need to put our order in by 10th April. Responses are due by the 5th April to enable us to order the correct amount of gifts. Later this month you then be asked to prepay for the gifts on QKR. All gifts cost \$12 and children will be able to select which gift they would like. See below a selection of the available gifts.



<https://www.canafarm.com.au>

KFC END OF TERM LUNCH - HORNSBY

Pouille P & F presents:

END OF TERM LUNCH 4th April

Fancy a day off from packing lunches? Then place an order via Trybooking

End of Term Lunch from KFC Hornsby . Orders close on Tuesday 2nd April

KFC - Popcorn chicken and chips - Go bucket + juice for \$6

KFC - Chicken nuggets and chips - Go bucket - 3 chicken nuggets + juice for \$6

KFC - 1 Chicken tender and chips - Go bucket + juice for \$6

Unfortunately, all options have traces of gluten and dairy in the breading of all of the above items



To place your order please scan the QR code below or click on the link -
<https://www.trybooking.com/CQPGX>



For any questions, please contact the P&F - prouille.pandf@gmail.com

SCHOOL EVENTS

HOLY WEEK

As Lent ends, we enter the most sacred time of the year, The Paschal Triduum. It is at this time that we remember and celebrate the events that would forever change human history. It begins with the Lord's Supper on Holy Thursday and concludes with evening prayer on Easter Sunday. It is a time for the faithful to reflect on their baptism and renew their baptismal call. Students participated this week in The Stations of the Cross. The Stations of the Cross refer to a series of depictions of Christ's journey. They represent 14 key moments in the trial, crucifixion, and burial of Jesus Christ. Students used this time to reflect on Jesus' final days on Earth—from being condemned to death to dying on the cross and being placed in the tomb.



STATEMENT OF RECONCILIATION

On Tuesday 19th March, students at Prouille received the Sacrament of Reconciliation. The Sacrament of Reconciliation is a sacrament of healing.

We celebrate Jesus' gift of forgiveness. Jesus gave the apostles the power to forgive sins in his name:

If you forgive people's sins, they are forgiven; if you do not forgive them, they are not forgiven. - John 20:23

Father Kelvin presided the celebration and Prouille congratulates all students who received this Sacrament.



SCHOOL EVENTS

FAMILY MASS

On 17th March, Year 3 led a beautiful Family Mass at Holy Name Church. It was lovely to see so many parishioners and family members attend and support our Year 3 students. A big thank you to Fr Kelvin for presiding over the Mass. The children who attended did an excellent job reading and participating in various parts of the Mass.



CROSS COUNTRY - 25TH MARCH 2024

Results from the Cross Country were:

8 Years Boys	8 Years Girls
1 st Edward Mouawad	1 st Savannah McKie
2 nd Liam Behnam	2 nd Sophia Kudelia
3 rd Tristan Jaoudat	3 rd Maya Anati
4 th James Lowery	4 th Lia Vali Pour Goudarzi
5 th Gabriel Gemayel	5 th Clementine Goron-Sincere
6 th Massimo Campisi	6 th Anja Cronin
9 Years Boys	9 Years Girls
1 st Leonardo Cain	1 st Amelia Ringrose
2 nd William Moraleda	2 nd Penelope Brady
3 rd Claudio Serva	3 rd Lily Jordaan
4 th Aaryan Dua	4 th Audrey Jones
5 th Adrian Rezvani	5 th Millie Jordan
6 th N/A	6 th Lacey Markham
10 Years Boys	10 Years Girls
1 st Graeme Gulson	1 st Amelie Ogden
2 nd Viaan Singh	2 nd Elise Sheridan
3 rd Angus Kerr	3 rd Skylar Jang
4 th Louisson Palmer	4 th Valentina Salinas
5 th Andrew He	5 th Emma Mina
6 th Andy Wang	6 th Amelia Roberts
11 Years Boys	11 Years Girls
1 st William Fullilove	1 st Lucy Tazewell
2 nd Tennyson Cain	2 nd Matilda Quoyale
3 rd Luke Ringrose	3 rd Georgina Quoyale
4 th Luke Wilson	4 th Sofia Campisi
5 th Oliver Dillon	5 th Abigail Jordaan
6 th Aarush Vekaria	6 th N/A
12 Years Boys	12 Years Girls
1 st Harrison Kuhn	1 st Sophie Tazewell
2 nd Nicholas Hanley	2 nd Darcey Carolan
3 rd Jack Wilson	3 rd Georgia Kelly
4 th Jared Lee	4 th Ava Munce
5 th Alexander Moraleda	5 th Jocelyn Gibbs
13 Years Boys	13 Years Girls
1 st Orlando Cain	N/A

CROSS COUNTRY - 25TH MARCH 2024



CROSS COUNTRY - 25TH MARCH 2024



CROSS COUNTRY - 25TH MARCH 2024



P&F WELCOME EVENT - FRIDAY 22ND MARCH



Thank you to the Prouille P&F



HARMONY DAY/PROJECT COMPASSION

On Friday 22nd March, Prouille was filled with the colour orange and amazing cultural outfits. We celebrated Harmony Day-a day that recognises our diversity and brings together Australians from all different backgrounds. It's about inclusiveness, respect and a sense of belonging for everyone. The day began with a Liturgy presented by Year 6, followed by open classrooms where parents and carers were invited to see the wonderful work happening in the classrooms. Students also participated in a number of Harmony Day activities which aimed to foster an understanding of inclusiveness and diversity within our school and the wider community. A big thank you also for your generosity in donating towards Project Compassion. Your money will help to make a small difference in the life of someone less fortunate.



HARMONY WEEK/PROJECT COMPASSION



HARMONY WEEK/PROJECT COMPASSION



2024 ICAS

What is ICAS?

ICAS is an online academic competition that gives students the opportunity to challenge their higher order thinking and problem-solving skills in English, Mathematics, Science, Writing, Spelling Bee, and Digital Technologies.

To learn more about this year's exciting ICAS competition visit:
(icasassessments.com/products-icas/)

If you wish for your child to participate in ICAS this year, please:

1. Read about ICAS subjects and prices **here**: (icasassessments.com/products-icas/)
2. Go to the Parent Portal to sign up to chosen subject areas.
3. Enter our school's access code – **MDR255**
4. Enter your child's details, select the subject areas your child would like to participate in, then proceed to payment.

After payment is made via the Parent Payment System, you will receive an order confirmation email, please keep this for your records.

All assessments will be conducted online, at school. We will notify you of the date(s) that we will run ICAS assessments, and when your child's ICAS results are ready. Your child's ICAS certificates will be delivered to school.

ICAS sitting windows per subject

Subject	Sitting window
Digital Technologies	5 – 9 August 2024
Writing	5 – 9 August 2024
English	12 – 16 August 2024
Science	19 – 23 August 2024
Spelling Bee	19 – 23 August 2024
Mathematics	26 – 30 August 2024

SPORTING UPDATES

BROKEN BAY SOCCER TEAM

Congratulations to Darcey C and Jared L (both Year 6) who have been selected in the Broken Bay football (soccer) teams for 2024.

Darcey and Jared will travel to Tamworth in May to take part in the Polding Selection Trials where they will play against teams from Dioceses across most of NSW including Armidale, Bathurst and the Hunter region. Students gaining further selection in the Polding teams progress to take part in the NSW Combine Primary Schools Football Championships.

We wish Darcey and Jared all the best.



SPORTING UPDATES

CSBB BROKEN BAY SWIMMING CARNIVAL

Congratulations to all our students who participated in the Broken Bay swimming carnival recently.



UPDATE ON OPEN DAY

Last Wednesday 20th March, Prouille held its first Open Day for 2024.

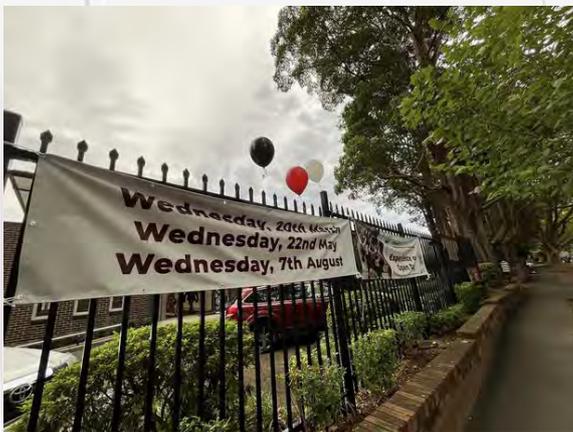
We were fortunate to welcome over 40 new families to our school. It was so wonderful to meet so many beautiful new families and have the opportunity to meet some of the new Kindy students.

Our Open Day consisted of a information session by Mrs Smith in the Veritas Hall, followed by a school tour by our Year 6 leaders.

We also had a coffee van - 'Black Speciality Coffee' - providing hot drinks and food to us on the day for both Open Day and Wellbeing Week. A special thank you to Dan and Olivia from Black Speciality Coffee for visiting us.

Please note that we are currently processing Kindergarten enrolments for 2025 and conducting interviews from Term 2.

Please click [here](#) to complete your enrolment application.





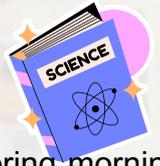
WEEK 7 - 18TH TO 22ND MARCH



SCHOOL UPDATES



KALEIDOSCOPE SCIENCE INCURSION



Thank you to Kaleidoscope Science who visited us recently for a simply earth-shattering morning of science fun!

Kaleidoscope taught us about "Forces and Movement" and there were many experiments and much excitement to be had!



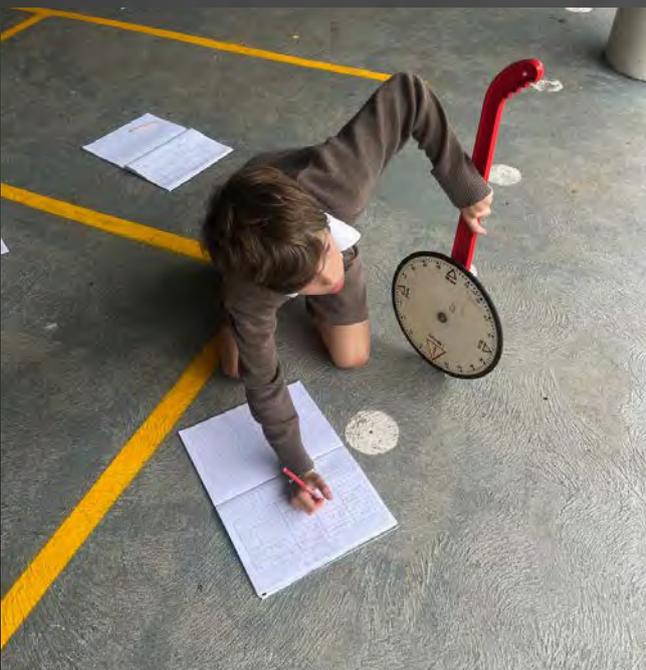
CLASS NEWS

YEAR 5 GOANNAS



L5 Goanna in Mathematics has been exploring length and learning to convert metres to kilometres. Students in small groups used a trundle wheel, a measuring tool that clicks every time it has measured a metre.

Students chose their own locations in the playground to measure. They estimated lengths and then measured the lengths with the trundle wheels. Some students even had a challenge of using a tape measure!



Measuring			
Location	Estimate	Metres	Kilometres
Lower Basketball Court	22 metres	34m	0.034km
Long Green Bench	25 metres	17m	0.017km
Top Court	31.5		

CLASS NEWS

NEW SIGNS AND ARTWORK SHOWCASE

Our walkway looks amazing with new signs for each year group and wonderful artwork by each class!



LEGALLY BLONDE - THE MUSICAL

Our Year 5 & 6 students are travelling to Brigidine College on Wednesday 10th April during school time to see Legally Blonde, the musical.

If you would like to see this musical, please purchase tickets on the following link:

<https://events.humanitix.com/legally-blonde-e4nxq465/tickets>



 **BRIGIDINE COLLEGE**
MUSICAL
2024

Wednesday 10 April – Friday 12 April, 7pm

Music and Lyrics by
Laurence O'Keefe and **Nell Benjamin**
Book by
Heather Hach

Based on the novel by **Amanda Brown**
and the Metro-Goldwyn-Mayer motion picture
Licensed exclusively by Music Theatre International (Australia)



LIBRARY

The Premier's Reading Challenge is underway! Many students are reading enthusiastically through the prescribed list of books both at school and home. A reminder that students in Kindergarten, Year 1 and Year 2 are completing the Challenge at school with their classroom teachers and Mrs Lees. Several are also adding to their online reading records at home. Contact Mrs Lees via the school email address if you would like your child's login details. These are being sent home by request only. Most students in Years 3 – 6 are completing the Challenge independently and can add to their online reading record during Library sessions each week. Login details have also been sent home with students as part of their home learning.

This year's CBCA (Children's Book Council Association) shortlisted books have been announced and they will be on display in the Library over the coming weeks. These books will be 'Not for Loan' until after Book Week in August. Students will be reading and studying some of these books during Library sessions and in their classrooms over the coming months.

During the school holidays, several places around Sydney have performances based on popular books and stories. Some places to check out are:

- Sydney Opera House
- Australian Shakespeare Company
- State Library of NSW
- Glen Street Theatre



MERIT AWARDS - TERM 1

2024

Merit Awards Term 1 Weeks 6 to 7

Class	Week 6	Week 7
Kindy Koala	Amelia Glavac, Margot Teong and Brooklyn Issavi	Charlie Adkins, William Logan and Elara Wines
Kindy Kangaroo	Jessica Kim and Celine Lee	Noah Arora and Yashar Motlagh
Year 1 Lyrebird	Avery Aho and Oliver McDonald	Tiam Khastar and Arthur Gulson
Year 1 Rosella	Ashley Gibbs and P.J Brennan	Avery Tang and Sebastian Gonzales
Year 2 Emu	Maggie McInnes and Lachlan McKie	Edward Mouawad and Isla Coupland
Year 2 Wombat	Harshini Hariprasath and Harry McRoberts	Archie Ronald and Luke McVeigh
Year 3 Platypus	George Teong and Adrian Rezvani	Stella D'Souza, Sofii Kamaleeva and Audrey Jones
Year 4 Kookaburra	Faith Murray, Daisy Meyyappan and Elise Sheridan	Laurence Rundle, Skylar Jang and Elanor McVeigh
Year 5 Echidna	Sofia Campisi and Valentina Salinas	Isaac Holland Lopez and Ryan Lowery
Year 5 Goanna	Frank Wilson and Liam Duggan	Luke Wilson and Luca Gemayel
Year 6 Wallaby	Jocelyn Gibbs and Jack Wilson	Orlando Cain and Ilaria Richmond
K-2 Cockatoo	N/A	N/A
3-6 Dingo	N/A	N/A



PEC UPDATE

CUPPA IN THE PARK

3 April: Cuppa in the Park. We meet in Wahroonga Park near the Playground. If the weather is fine it is on. If it is raining or wet it is off.

FRIDAY MASS

5 April: First Friday Mass in the Parish 9.15 at Holy Name Parish Church

PROUILLE PARENTING SERIES

29 May, 7pm – 8.30 pm Prouille Parent Series Talks Live on Zoom.

"Dealing with bullying: compassion and strength training for your child"

We ran this talk live at the Mother's Talks in the Parish earlier in March. It was very well received, and attendees asked if we could run it again. It is a longer session to allow time to cover the topic sensibly. We will not be recording the session.

<https://forms.office.com/r/zVgPDwLinX>

OPERATION WINTER WARMTH

In Term 2/3 We are planning to team up with St Vincent de Paul for "Operation Winter Warmth." Using left over yarn to create beautiful beanies and scarves with love from Prouille Parents to those in need in our community. Novice knitters to experience turbo knitters are welcome. Let me know if you are interested. Email me jacqui.vandavelde@dbb.catholic.edu.au and we can start the plan #operationwinterwarmth

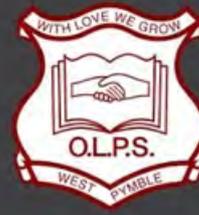
CATHOLIC CARE PARENTING COURSES

Catholic Care is running a range of parenting courses. Take a look!

<https://catholiccaredbb.org.au/family-youth-children/parenting-programs/>



PROUILLE



SPARK

SUPPORTING POTENTIAL AMONG REMARKABLE KIDS



EXTENSION DAY 1: THURSDAY 4TH APRIL 2024

THEME: ART IMMERSION (STAGES 2 & 3)

Join us for a day immersed in art! Explore the elements and principles of art whilst creating two unique artworks. Dive into the underwater world with watercolor and acrylic paints, experimenting with textures and colours. Then, be inspired by the iconic style of Amedeo Modigliani as we create portraits using oil pastels and watercolor paints. Let your creativity flow in this immersive artistic experience!



Date/Time

Thursday 4th April 2024
9am to 2:45pm

Venue

Corpus Christi
17 Link Road, St Ives
All Purpose Room

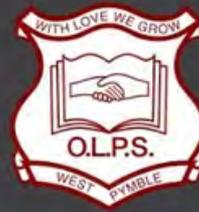
Other Details

Wear sports uniform and bring art smock, school hat, pencil case, fruit break/recess/lunch and drink bottle.

Parents are welcome to join us for a special assembly to view artworks from 2:30pm prior to collection of your child.



PROUILLE



SPARK

SUPPORTING POTENTIAL AMONG REMARKABLE KIDS



EXTENSION DAY 2: TUESDAY 9TH APRIL 2024

THEME: MATHMAGICIANS

Join us for a day of mathematical discovery and adventure as invited students engage in a Mathemagicians Day filled with fun and thought-provoking activities! From captivating math games to stimulating logic puzzles and open-ended tasks, this event promises to ignite curiosity and foster critical thinking skills. It's a fantastic opportunity for students to explore the wonders of mathematics in a dynamic and supportive environment. We can't wait to see their creativity and problem-solving prowess shine!



Date/Time

Tuesday 9th April 2024
9am to 2:45pm

Venue

Prouille Catholic School
5 Water Street Wahroonga
Veritas Hall

Other Details

Wear sports uniform and bring school hat, pencil case, fruit break/recess/lunch and drink bottle.

Parents are welcome to participate in a maths showcase from 2:30pm prior to collection of your child.

Friendship strategies for kids

URSTRONG



URSTRONG is a whole-school strategy that empowers kids with friendship skills to create communities of kindness in schools.

Relationships are the heart of social-emotional wellbeing! URSTRONG gives kids skills, language & self-confidence to be better friends and develop healthier relationships. Using a kid-friendly approach, educators & parents learn a simple framework to support and coach kids towards positive relationships.

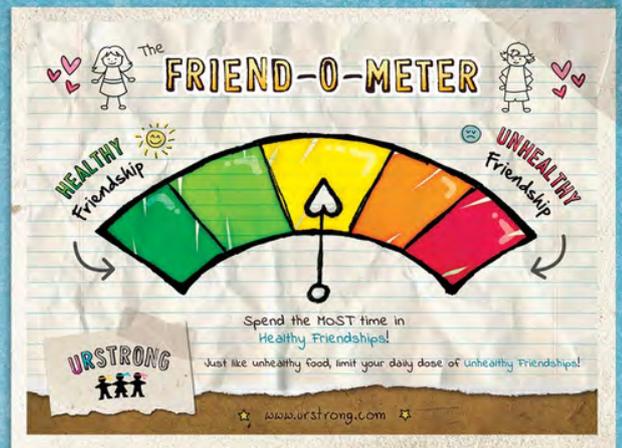
Explicitly teaching children how to develop healthy friendships and manage conflict in a respectful way is the key to bullying prevention + creating safe, caring learning environments + inspiring kinder, happier children.

The mini URSTRONG Posters cover our core principles. Refer back to them often!



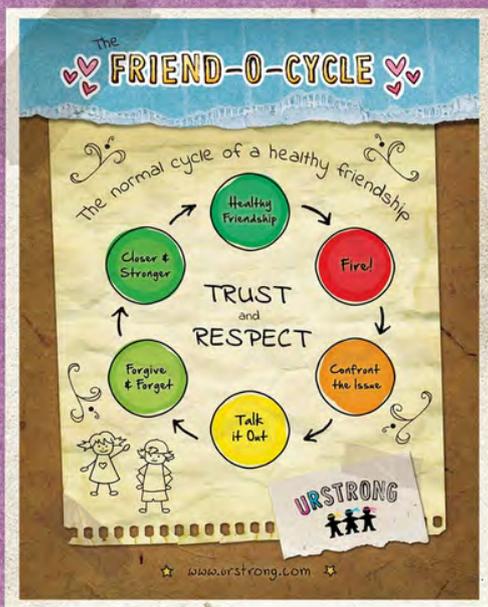
Know what to expect in your friendships!

Can you give an example of all 4 Friendship Facts from your life?



Surround yourself with healthy friendships!

Where are your friendships on the Friend-o-Meter?



Friendship Fires actually make your friendships stronger when you Talk-it-Out!

What happens when you don't put out the Fire?

You teach people how to treat you! You've got this! #urstrong

What's the difference between a Friendship Fire and Mean-on-Purpose?

STANDING UP FOR YOURSELF
 You teach people how to treat you!

HOW TO PUT OUT A FRIENDSHIP FIRE:
 Find a good time to talk, just the two of you, in a calm, serious voice.

1. Retell the situation
2. Explain how it made you feel
3. Talk it out, being respectful & honest

This is a conversation. Aim for Forgive-and-Forget!

HOW TO DEAL WITH "MEAN-ON-PURPOSE":
 In that moment, in a strong voice.

1. Say your quick comeback
2. Walk away
3. Report it to an adult

This is NOT a conversation. Channel your inner #FriendshipNinja!

URSTRONG
 www.urstrong.com

KEEP THE CONVERSATION GOING

URSTRONG gives kids + parents + teachers a unique 'language of friendship' to strengthen their connection and open up those lines of communication.

Try these questions to spark a convo at home or school:

- What does trust and respect look like in a friendship?
- Where are your friendships on the Friend-o-meter?
- How can you increase your daily dose of healthy friendships?

Here are some tips to remember in supporting kids:

- Ask direct, specific questions
- Share your experiences
- Role-play
- Encourage them to put out their Friendship Fires & use their Quick Comeback

Be sure to visit www.urstrong.com to discover a wide variety of videos, activities and articles to support your child's friendship journey.

Want more info about URSTRONG? Please don't hesitate to get in touch by contacting us at info@urstrong.com.

When enrolling your child in the Children's Sacramental Program for the first time, please provide the following:

- Enrolment is online, using the link or QR code on this form
- Photocopy of your child's Baptismal Certificate, even if they were baptised at Holy Name Parish (it can be emailed or a photocopy brought to Parent Info Night)
- Please email a photo of your child or bring to the Parent Info night or the first lesson or attach the photo to the sheet given to colour in for display at Church.

If, for a good reason, you cannot be present at the Parent Information Session, you must contact the Sacramental Co-ordinator, Mrs Sally Oong, on 9489 3221 in office hours or by email on sally.oong@bbcatholic.org.au or leave a message at the Parish Office, prior to the specified date, to make alternative arrangements.

If there is a lesson and/or Mass date you cannot attend, please contact Sally before or at the start of the program, or as the need arises, to discuss your situation.

If your child has special needs or a disability we seek to accommodate them in our program so that they may be welcomed and participate in the program in the most helpful way for them. Please call or email Sally Oong for more information:

9489 3221 or sally.oong@bbcatholic.org.au

Children's Sacramental Program

2024



Reconciliation
2024



Eucharist
2024

Parish Family Mass dates for 2024

We welcome everyone to come along and join in our Family Masses which involve our Parish students and enjoy our special morning tea afterwards.

Our Family Masses are on the following Sundays at 9.30am:

- 17 March (Year 3)
- 7 April (Year 2)
- 23 June (Year 4)
- 11 August (Years 5 & 1)
- 8 September (Years 6 & K)

Holy Name Catholic Parish

35 Billyard Avenue, Wahroonga

www.holynamewahroonga.com.au

Telephone: 9489 3221

Email: sally.oong@bbcatholic.org.au

Office email: Holynamewahroonga@bbcatholic.org.au

Children's Sacramental Program 2024

Please note that attendance at the Information Evening for each Sacrament (Parent) and all Sessions/Masses (Parent/child) is compulsory. If this attendance criteria is not fulfilled, your child will not be eligible to celebrate the Sacrament and will be asked to return next year.



RECONCILIATION

(February, March 2024)



Enrolment link: <https://www.trybooking.com/CNSKD>

Eligibility: Candidates must be Baptised, have celebrated Confirmation and be in at least Year 4 at school. In our Diocese of Broken Bay, the Sacrament of Confirmation is celebrated before Reconciliation and First Eucharist. Confirmation will be celebrated in July/August 2024.

Parents and Carers - Welcome and Information Evening

Wednesday 21 February, 7-8pm in the Veritas Hall at Prouille School, 5 Water Street, Wahroonga. This is a compulsory information evening for parents/carers, which includes refreshments.

Attendance is compulsory by one parent/carer on 21 February, 2024.

Group Leader Training:

Wednesday 28 February, 7.00pm, Sunroom at the Church (Leaders only)

Sacramental Preparation Groups:

Meet each week at the Prouille School Hall at 3.45pm.

These are held at Prouille School, 5 Water St, Wahroonga, on:

Lesson 1: Saturday, 2 March at 3.45pm,

Lesson 2: Saturday, 9 March at 3.45pm,

Lesson 3: Saturday, 16 March at 3.45pm,

with each lesson followed by 5.00pm Mass at Church and then a sausage sizzle. **(All lessons and Masses are compulsory to attend)**

Celebration of the Sacrament of Reconciliation at the Church:

Tuesday 19 March at 6pm



FIRST EUCHARIST

(May, June 2024)

Eligibility: Candidates must be in at least Year 4 and must celebrate the Sacraments of Confirmation and Reconciliation before the Sacrament of First Eucharist.

Parents and Carers - Welcome and Information Evening

Tuesday 7 May, 7-8pm in the Veritas Hall at Prouille School, 5 Water Street, Wahroonga. This is a compulsory information evening for parents/carers, which includes refreshments.

Attendance is compulsory by one parent/carer on 7 May, 2024.

Group Leader Training:

Wednesday 15 May, 7.00pm, Sunroom at the Church (Leaders only)

Sacramental Preparation Groups: **Meet** at the Prouille School Hall.

These are held at Prouille School, 5 Water St, Wahroonga, on:

Lesson 1: Saturday, 18 May at 3.45pm,

Lesson 2: Saturday, 25 May at 3.45pm,

Lesson 3: Saturday, 1 June at 3.45pm,

with each lesson followed by 5.00pm Mass at Church and then a sausage sizzle. **(All lessons and Masses are compulsory to attend)**

Practice: Wednesday 12 June at 6.00pm at the Church

Celebration of the Sacrament of First Eucharist at the Church:

Sunday 16 June at a special 11.00am Mass



BRIGIDINE COLLEGE
MUSICAL
2024

Wednesday 10 April – Friday 12 April, 7pm

Music and Lyrics by
Laurence O'Keefe and **Nell Benjamin**
Book by
Heather Hach

Based on the novel by **Amanda Brown**
and the Metro-Goldwyn-Mayer motion picture
(Licensed exclusively by Music Theatre International (Australia))





CALLING ICE-BLOCK VOLUNTEERS!

Not all heroes wear capes



Looking for parents and carers who would like to volunteer for ice block duty roster for term one and two

Fridays from 1.20 to 2pm

It's actually pretty fun

Email Katie & Matt if you're keen,
prouille.pandf@gmail.com

ATTACHMENTS TO THE NEWSLETTER

LETTER FROM CONCERNED WATER STREET RESIDENT

Dear Principal Smith,

I hope this email finds you well.

I am writing to express serious concerns about the traffic patterns during pick-up and drop-off times at Prouille, particularly regarding parents using our driveway and neighbouring driveways to turn around and join the car line. My wife, emailed the school about this issue in June last year, and subsequently had a discussion with the school. Despite these efforts, nothing has changed and the issue continues to present a significant safety risk for children and other pedestrians walking to and from school. It also creates a traffic hazard and considerable inconvenience for residents, with instances where the flow of traffic is obstructed, causing delays for residents attempting to access or leave their properties.

I was encouraged to see NSW Premier Chris Minns addressing this issue recently as he announced the Active Transport to School Program, highlighting the importance of ensuring children's safety on their way to and from school so that we can reverse the major decline in the number of children getting incidental exercise by walking to and from school.

Here is a video I was able to capture showing the danger posed by cars turning around at excessive speeds and in quick succession:

https://drive.google.com/file/d/1IHTThOQ_N_galLKp3uQ8JdK5b0neBiA5n/view?usp=sharing

This is happening every weekday morning and afternoon during term time. I am sure you will agree this cannot continue. It is imperative that Prouille takes proactive steps to mitigate this issue, as seen in other schools where staff members supervise pick-up and drop-off times to ensure safe driving practices. I have also cc'd relevant stakeholders from government, council and Transport NSW as I am sure they will want to assist in any way they can to prevent a tragic accident.

I strongly believe that with the school's leadership and commitment to safety, we can address this concern effectively before something terrible happens to a child or other pedestrian.

I look forward to your response and am happy to discuss further actions that can be taken to address this significant safety issue.

Kind regards,

St Leo's Catholic College Wahroonga

Scan now
to register:



2024

OPEN EVENING

Wednesday 3 April, 3.30–6.30pm



Priority
Feeder School



As a Priority Feeder School, Corpus Christi students are eligible for priority St Leo's entry.* *Read more*

*Subject to enrolment windows & CSBB Principles

Experience everything St Leo's has to offer:

- Tour our campus
- Hear from the Principal (4, 5 & 6pm)
- Speak with staff & students
- Information stands & BBQ
- Activities, performances & displays
- See our community in action!

Our innovative learning environment, strong academic results, focus on student wellbeing, caring community and personalised approach make St Leo's an exceptional place to learn - that's in very high demand!





**Priority
Feeder School**



The St Leo's Priority Feeder School Program

We are proud to partner with our fellow Catholic Schools Broken Bay (CSBB) primary schools as part of the St Leo's Priority Feeder School (PFS) Program. The program offers a range of benefits for PFS students and families.



Students also benefit from:

- a range of joint co-curricular activities throughout the year tailored to suit the needs and interests of each Priority Feeder School. These may include CAPA workshops, sports programs, additional transition and orientation programs, and more.
- developing a familiarity with the high school environment, campus and connections with key staff and student mentors, enabling a smoother transition to high school.

As a Priority Feeder School, St Leo's offers students from your school:

- Priority Enrolment at St Leo's*
- No application fees
- Continuity of values and learning as part of our caring Catholic community of CSBB schools.



*Priority Enrolment is subject to enrolment windows and based on our guiding CSBB Enrolment Principles document. See our website for full details.

Contact your primary school office or Principal for more information about your St Leo's PFS program. For more information about St Leo's and enrolments, visit:

stleos.nsw.edu.au

Term 1 Staff Development Day/Pupil Free Day

Friday 12 th April	Craft Day It's time to get artistic as we do all things crafty! Painting, sculpting, mess and fun! Use your imaginations and let your creativity shine!		Early Bird Fee: \$60 Regular Fee: \$70
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April 2024 Week 1:

Monday 15 th April	Tuesday 16 th April	Wednesday 17 th April	Thursday 18 th April	Friday 19 th April
Incursion: Nick the Stockman Outback Experience Nick the Stockman and his faithful canine companion, Ted, will teach us about life on a farm in the outback. We will make Damper and Billy tea over a fire, watch whip cracking and learn to throw a boomerang.  Early Bird Fee: \$80 Regular Fee: \$90	Incursion: The Imagination Station - with Daz Buckley Join the curious and creative, slightly crazy, science communicator Daz Buckley as we explore all things science with gadgets, gizmos and games! Maybe you will light a lightbulb with your bare hands! Or make an endless strip of paper, that's right endless! So many curious things we will do...  Early Bird Fee: \$80 Regular Fee: \$90	Incursion: Jedi Dodgeball Fusion Sport will be joining us today for some high-energy, awesome dodgeball fun with Star Wars themed action! May the force be with you as you attempt to dodge the balls and outmanoeuvre your opposition!  Early Bird Fee: \$77 Regular Fee: \$87	Excursion: Movie at The Odeon & Popcorn combo  Let's explore the world of movies, and transport in one fun filled day! Are you ready to enjoy time with your friends, catch the local train before relaxing at the Odeon Cinemas. I wonder what movie we will see? Includes Popcorn Combo Movie rating is PG Loaded OPAL card is needed per child  Early Bird Fee: \$78 Regular Fee: \$88	Nature Play Day We are celebrating Nature Play Week, we will spend the day amongst nature! We will play, explore and relax surrounded by nature.  Early Bird Fee: \$60 Regular Fee: \$70

No Electronic Devices

We are requesting that children do not bring electronic devices to Water St Kids. They will be having too much fun to use them!!!



Excursions:

- > Children are to arrive before 8am.
- > The red Water St Kids T-shirt MUST be worn on excursions - \$10 each
- > Please bring backpack with adequate food, water bottle, sun safe hat and change of clothes. Wear enclosed shoes.
- > Excursion Permission Form MUST be completed prior to day - via OWNA app
- > Opal Card loaded with money is required for each child on train excursions.




April 2024 Week 2:

Monday 22 nd April	Tuesday 23 rd April	Wednesday 24 th April	Thursday 25 th April	Friday 26 th April
Incursion: Golden Ridge Farm Our furry friends from Golden Ridge Farm are coming to visit! You will get to hold, pat and feed lambs, goats, rabbits, ducklings and more! Enclosed footwear must be worn  Early Bird Fee: \$88 Regular Fee: \$98	Incursion: Walk that Wall Today Ninja Warrior and Parkour collide for the ultimate extreme obstacle experience! Little Warriors Gym is bringing an incredible course where you run, leap, jump, climb, vault & traverse your way through to the end!  Early Bird Fee: \$77 Regular Fee: \$87	Incursion: Unicorn Experience Get ready for the most magical and enchanting incursion EVER! We will have a special visit by unicorns, <i>Knight</i> and <i>Princess</i> , who are trained to perform tricks, dance, play with a soccer ball plus more! Enclosed footwear must be worn  Early Bird Fee: \$88 Regular Fee: \$98	ANZAC DAY PUBLIC HOLIDAY WATER ST KIDS CLOSED	Pokémon Day Celebrate all things Pokémon today! Search and try to catch as many Pokémon as you can, bake delicious Pokéball cookies, even create your own Pokémon! How well do you know your Pokémon, enough to be a Pokémon master?  Early Bird Fee: \$60 Regular Fee: \$70

Term 2 Staff Development Day/Pupil Free Day

Monday 29 th April	Star Wars Day A long time ago in a galaxy far, far away... the children of Water St Kids go a Star Wars adventure! Today we celebrate May the Fourth early by making lightsabers and yummy Star Wars inspired cupcakes. You can even come dressed as your favourite Star Wars character if you like!		Early Bird Fee: \$60 Regular Fee: \$70
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Please bring each day in a backpack:

- refillable drink bottle
- adequate food for the day (morning tea, lunch & afternoon tea)
- sun safe hat.
- wear enclosed shoes (NO thongs or roller shoes allowed)
- change of clothes

Food:

- Breakfast is served until 8am
- You must supply ALL healthy meals, snacks and drinks each day (unless specified on program)
- Due to the severity of some children's allergies, Water St Kids strives to be a nut free service. NO NUT products permitted.
- Please inform staff of any dietary requirements.
- Children can participate in cooking activities most days.

No Electronic Devices

We are requesting that children do not bring electronic devices to Water St Kids. They will be having too much fun to use them!!!



*****Bookings will be made via the OWNA app*****

New enrolments are required to complete the 2024 Enrolment Form prior to making VAC bookings.
Please email waterstkids@hotmail.com to obtain the enrolment link or for further information.

Early Bird Bookings OPEN to ALL families: Tuesday 12th March 2023

- Bookings will be open to all families
- Bookings must be made by via your OWNA app
- Bookings made during this time will incur the Early Bird Daily Fee.

Early Bird Bookings CLOSE: Friday 5th April 2023

- Final bookings will close at 6pm Friday
- Bookings made after this close date will automatically go on a waiting list and will be confirmed as soon as possible.
- Bookings made after this close date will incur the Regular Daily Fee.

Booking Information:

- Please complete bookings carefully as once the bookings are made, requested days will be secured and will not be subject to change.
- Bookings will be confirmed at the time of booking
- Cancellations & absent will incur the full Daily Fees (including incursion/excursion costs)
- If you wish to swap from one day to another, you will need to pay full Daily Fees for the second day as well as the original day.
- Bookings made after close date will automatically go on a waiting list and will be confirmed as soon as possible. Bookings made after this close date will incur the Regular Daily Fee

Please bring each day in a backpack:

- refillable drink bottle
- adequate food for the day (morning tea, lunch & afternoon tea)
- sun safe hat.
- wear enclosed shoes (NO thongs or roller shoes allowed)
- change of clothes

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Available to purchase if you do not provide one:

- Drink bottle \$3 each
- Sun safe hats \$5 each

Food:

- Breakfast is served until 8am
- **You must supply ALL healthy meals, snacks and drinks each day (unless specified on program)**
- Due to the severity of some children's allergies, Water St Kids strives to be a nut free service. **NO NUT** products permitted.
- Please inform staff of any dietary requirements.
- Children can participate in cooking activities most days

Excursions:

- Children are to arrive before 8am.
- The red Water St Kids T-shirt **MUST** be worn on excursions - \$10 each
- Please bring backpack with adequate food, water bottle, sun safe hat and change of clothes. Wear enclosed shoes.
- Excursion Permission Form **MUST** be completed prior to day - via OWNA app
- Opal Card loaded with money is required for each child on train excursions.



Email: waterstkids@hotmail.com

Phone: 0413 078 355