



# PROUILLE CATHOLIC PRIMARY SCHOOL

# VERITAS VOICE

## PROUILLE NEWSLETTER

Issue 20 • Term 1, Week 4 • Friday 28th February 2025



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Dear Parents and Carers,

I would like to extend our thanks to our wonderful P&F team for hosting such a fantastic Family Welcome Event last Friday after school. Despite the unexpected turn in the weather, it was a great opportunity for our school community to come together, and we truly appreciate the effort that went into making it such a special occasion.

A big thank you also to the parents who helped transport our Year 6 students to the Brigidine Leadership Day this week. Your support ensures our students can participate in these valuable experiences, and we are very grateful.

I'd like to take this opportunity to remind all parents that if you are volunteering in any capacity—whether it be driving students, assisting with reading groups, or marshalling at sports events—you must be on the CSBB Volunteer Contractor Register. You can join the register by completing the form, and once registered, the requirement only needs to be renewed every three years. ([Link Here](#))

For parents of students in Year 3 and Year 5, please note that NAPLAN will begin in Week 6. To help your child be fully prepared, please ensure they have a working set of headphones for the tests. If you are aware of any upcoming absences during the testing period, kindly inform the school as soon as possible so we can arrange catch-up sessions within the designated test window.

Thank you for your ongoing support in making our school community such a welcoming and enriching place for our students.

Warm regards,  
Genevieve Smith  
Principal

## AT A GLANCE

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# PRAYER FOR THE EIGHTH SUNDAY IN ORDINARY TIME

**L**ord our God,  
You sent your Son into the world  
to live with us as one of us,  
to heal, to teach, to sanctify,  
and to proclaim the Good News  
of the coming of the Kingdom.  
Help us to live our Baptism to the full,  
and to find ways to do what Jesus did:  
to bring joy and life wherever we go,  
to lift up the suffering,  
and to tell other people  
about the new life Jesus has  
brought us.  
We ask this through Christ our Lord.  
Amen.



## Quick Reference Guide to Upcoming 2024 Events

[Link to Website Calendar](#)

### TERM 1 2025

WEEK	DATE	EVENT	GRADE
5	4/3	P & F Shrove Tuesday Pancakes	K-6
	5/3	Prouille Open Morning for 2026 families	2026 families
	5/3	Ash Wednesday Liturgy	K-6
	7/3	School Assembly and Project Compassion Launch 2.30 Veritas Hall	K-6 & parents
	7/3	CSBB Zone Swimming Carnival	Invited students
6	10/3	P & F Meeting (online zoom meeting - 7.00pm)	P & F Committee
	12/3	NAPLAN Commences - <b>Writing</b>	Year 3 and 5
	13/3	NAPLAN Continues - <b>Reading</b>	Year 3 and 5
	13/3	Parish Mass	Year 2
7	17/3	NAPLAN Continues - <b>Conventions of Language</b>	Year 3 and 5
	18/3	NAPLAN Continues - <b>Numeracy</b>	Year 3 and 5
	20/3	Parish Mass	Year 4
	21/3	Harmony Day and Open Classrooms	K - 6 parents
8	27/3	Parish Mass	Year 1 & 5
	27/3	Camp Quality Puppet Show	All Grades
	28/3	Cross Country	All Grades
9	2/4	Stage 3 at Brigidine College Musical	Yrs 5 and 6
	3/4	School Photo Day	All Grades
	4/4	School Assembly and Student of the Term Awards	K-6 and Parents
10	10/4	Parish Mass	Year 6
	11/4	P & F End of Term Lunch	All Grades
	11/4	Holy Week Liturgy	K-6
	11/4	Last Day of Term 1	

# RELIGIOUS EDUCATION NEWS

## ASH WEDNESDAY AND THE SEASON OF LENT

Ash Wednesday marks the beginning of Lent, a special time in the Catholic Church where we focus on prayer, penance, and growing closer to God.

On Ash Wednesday, we receive ashes on our foreheads as a symbol of repentance and humility. The ashes remind us that we are called to turn away from sin and live more faithfully.

During Lent, we are encouraged to pray more, give up certain comforts and do acts of kindness and charity. This season lasts 40 days, leading up to Easter, and is a time to prepare our hearts to celebrate the Resurrection of Jesus. It's a chance for all of us to grow spiritually and draw closer to God through reflection and self-discipline.

## SHROVE TUESDAY

The P&F is organising pancakes for students next **Tuesday 4th March**. To participate, please make a gold coin donation on the day. Please see flyer attached to this newsletter for more details.

## OPENING SCHOOL MASS AND YEAR 6 LEADERSHIP INDUCTION

Last Friday, Prouille School gathered for a beautiful celebration at the opening school Mass and the Year 6 Induction Ceremony, which was held at Holy Name Church. The mass was presided by Fr Kelvin. It was a joyous occasion for the whole school community, coming together in prayer and unity.

The Mass began with the Year 6 students processing into the church alongside their Kindergarten buddies, making it a special moment for both the youngest and oldest students at the school. This was a beautiful representation of our school's spirit of unity, as these two groups walked together, side by side.

Following the Mass, we celebrated the Year 6 Induction Ceremony, where each student was presented with their leadership badge. They proudly recited their pledge to serve as leaders of our school, marking an important step in their journey as role models for others.

We were grateful to have many friends and family members from the school and parish community join us for this special time, making the ceremony even more memorable. It was truly a moment to celebrate our shared faith and commitment to one another.



# OPENING MASS





# YEAR 6 LEADERSHIP INDUCTION



## SCHOOL CAPTAINS



PROUILLE CATHOLIC PRIMARY SCHOOL



## SCHOOL VICE CAPTAINS



PROUILLE CATHOLIC PRIMARY SCHOOL



## HOUSE CAPTAINS



PROUILLE CATHOLIC PRIMARY SCHOOL



# YEAR 6 LEADERSHIP INDUCTION



## LIBRARY/TECHNOLOGY CAPTAINS



**PROUILLE CATHOLIC PRIMARY SCHOOL**



## ENVIRONMENT CAPTAINS



**PROUILLE CATHOLIC PRIMARY SCHOOL**



# YEAR 6 LEADERSHIP INDUCTION



**PROUILLE CATHOLIC PRIMARY SCHOOL**



**PROUILLE CATHOLIC PRIMARY SCHOOL**



# RELIGIOUS EDUCATION NEWS

## FAMILY MASS - THIS SATURDAY 1ST MARCH 2025

We warmly invite all families to join us for our first Family Mass of the year, happening this Saturday at 5pm at Holy Name Church. This special Mass will be presented by our Year 3 students, who are excited to lead us in prayer and celebration.

Although the Mass is hosted by Year 3, everyone from our school community is invited to attend. It's a wonderful opportunity to come together as both a school and parish family to celebrate our faith. We look forward to seeing you there for this meaningful occasion as we begin the year united in prayer and community.

We hope to see you this Saturday for a beautiful Mass.





# RELIGIOUS EDUCATION NEWS

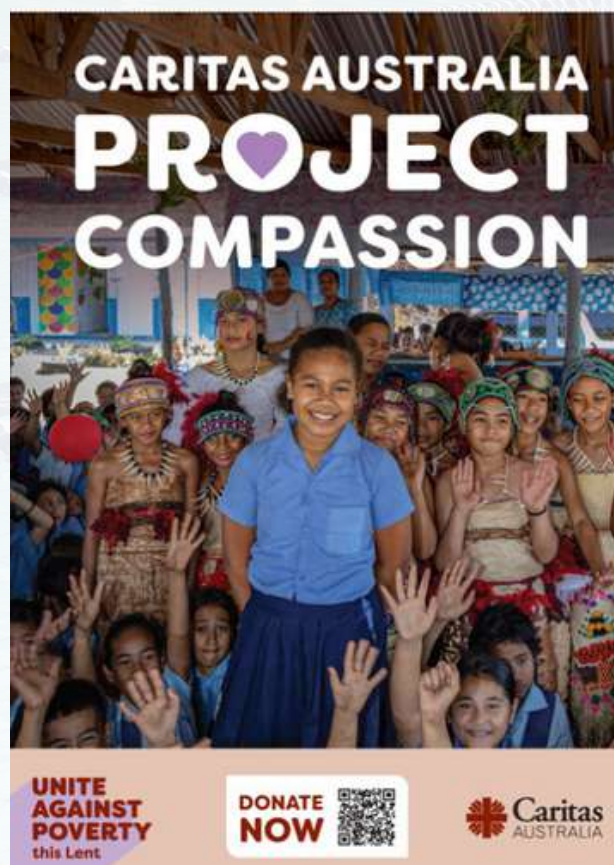
## PROJECT COMPASSION LAUNCH

Next Friday, we will launch Project Compassion, a wonderful initiative by Caritas Australia that helps support people in need around the world. This year, the theme is **“Unite Against Poverty”**, and it reminds us that, together, we can make a difference in the lives of those who are experiencing hardship.

Project Compassion works tirelessly to provide basic human needs like food, clean water, education, and healthcare to those living in poverty. Through their efforts, they are making a real difference in countries like Samoa, Vietnam, and the Democratic Republic of Congo, where many face significant challenges in accessing these essential needs.

This year, we have the opportunity to support these communities by making a small donation. Every contribution, no matter how big or small, can help provide people with the resources they need to live with dignity and hope for a better future.

Each classroom will have a special money box where students can donate throughout the Project Compassion campaign. We encourage everyone to contribute to this important cause and unite as a school community to help make the world a better place for those who need it most.





# SCHOOL NEWS

## STUDENT REPRESENTATIVE COUNCIL

Prouille's Student Representative Council (SRC) provides our students with the opportunity to develop team-building skills, establish goals, delegate responsibility and give directions to their peers on executing tasks successfully.

Students will also learn the skill of interactive and effective communication and become good listeners. They will learn to be flexible and obtain the skills to mentor groups of students to perform to their optimum capacity. This will offer them an important learning and practical experience for their future.

Congratulations to the following students who have been voted SRC Leaders by their peers for Semester 1 2025:

Eve Matthews (Kindy Kangaroos)  
Cody Aho (Kindy Koalas)  
Tiger Lane (Year 1 Lyrebird)  
Bella Chomprasert (Year 1 Rosella)  
Oliver McDonald (Year 2 Emu)  
James Glavac (Year 2 Wombat)  
Archie Ronald (Year 3 Bilby)  
Liam Behnam (Year 3 Platypus)  
Elliot Cooper (Year 4 Kookaburra)  
Alisha Ahmed (Year 5 Goanna)  
Joshua Drummond (Cockatoo/Dingo).

They will be led by the Year 6 SRC Executive: Max Richards, Valentina Salinas, Hamish Ronald and Georgina Quoye. They will meet each week and discuss and plan ways to enhance our school.





# SCHOOL NEWS

## PARENT VOLUNTEERS - TERM 1

We would like to invite parents to sign up to become parent helpers for reading groups in various grades. We also have many opportunities throughout the year for parent volunteers on excursions and grade events. Any adult that comes to the school in a volunteering capacity is required to be on a CSBB register. **Parents DO NOT NEED a Working with Children Check (WWCC)** for many volunteering tasks but still need to complete the Safeguarding requirements. If you intend to be a volunteer in the school this year, please read the attached document and use the QR code to register. This new process will ensure you are on the digital register for 3 years and minimises duplication with paperwork.

If you would like to be a parent helper please complete the process via the QR Code below or go to the [CSBB Contractor & Volunteer Engagement Form](#) (also on the website under "Parent Information"). On the form, please ensure that you select the correct category of contractor or volunteer.



## 2026 ENROLMENTS

**Just a reminder that if you are enrolling a sibling in Kindergarten in 2026, all forms need to be completed and lodged by the end of Term 1.** All offers of Kindergarten places are made in Term 2 following enrolment interviews.

## OPEN DAY #1 - WEDNESDAY 5TH MARCH 2025

Prouille is holding its first Open Day for prospective families from 2026 onwards on **Wednesday 5th March from 9-10am**. (For existing families we will be holding Open Classrooms in Week 7).

Please register here: [Prouille Open Day](#).

Friends, relatives and neighbours are most welcome to attend Open Day if looking for enrolment. Please note that enrolment positions are limited and offered in accordance with application date. An Open Day flyer is attached to this newsletter.



## PARENTS' NIGHT OFF EVENT

**A fun night for the kids, a well-deserved break for you!**

We know that nights out can be rare, and not everyone has access to babysitters or family to help out. That's why the P&F are excited to introduce Prouille Parents' Night Off—a series of events designed to give parents a well-earned break while the kids enjoy a fun-filled evening at school!

For just \$10 per child, Prouille students can be dropped off at the school hall, where they'll be supervised and entertained with activities, and plenty of fun. Snacks will be provided, but we ask that children have dinner before they arrive.

To make this initiative a success, we need extra volunteers to help supervise! Our goal is to run multiple events throughout the year so that everyone gets a turn to enjoy a night off. If you can spare a couple of hours, please add your name to the Google Sheet to help out:

Please see flyer for further details and booking link (also included below) —we can't wait to give you a well-deserved break!



**PARENTS' NIGHT OFF**

**FRIDAY, APRIL 4**

**5:30PM-8:00PM**

**Drop Off**  
Your Prouille Children Aged 5-12 years old for a supervised night in the school hall!

The P&F are excited to invite you to an exclusive Parents' Night Off event! Leave the kids with us for a fun-filled evening while you enjoy a well-deserved break.

**\$10 per child**  
**Book using QR code**  
**Bookings close 28th March**

Snacks provided but please ensure dinner has been given before drop-off. Any allergies to be advised.

**REGISTER NOW**



[Link to book here](#)



**\$10 per child**

**Book using QR code**

**Bookings close 28th March**



# P&F FAMILY WELCOME EVENT



On Friday 21st February, Prouille held its annual Family Welcome Day. Thank you to our organisers Annabel Johnson, Lizzy Brennan and Greer Campbell, who did an amazing job of organising the event. Thank you to Nadean Richards and Victoria Engel for the bake sale. Thank you to BE Campbell for donating the sausages and to all our other parents who were involved and attended on the day.

It was great to start the year off on a high!





# P&F FAMILY WELCOME EVENT







## SWIMMING CARNIVAL RESULTS

It seems like a long time ago now but we would like to celebrate the success of the school swimming carnival on Monday, 10 February. What an amazing day with some exceptional performances in the pool, incredible support from the stands and an overall celebration of school spirit and sportsmanship. Even a sudden visit from Mother Nature unleashing a torrent of rain across the stands couldn't dampen the spirits of the students who simply took it all in their stride. We must acknowledge our parent helpers who went above and beyond on the day either in the pool, managing placing and ribbons or recording results. Your help is much appreciated and we thank you very much. Based on the overall results and times across all heats in every age group the following students were crowned age champions:

	Girls	Boys
<b>8 years</b>	Ella C	Harrison G
<b>9 years</b>	Lucy W	Noah H
<b>10 years</b>	Eliza M	Leonardo C
<b>11 years</b>	Elise S	Nicholas L
<b>12+ years</b>	Georgina Q	Frank W

Students who compete in any events 50m and over at the Prouille swimming carnival are eligible for selection for the Prouille team to compete at the North Shore Cluster Swimming Carnival. At our carnival, all heats are conducted as 'timed finals'. Times from all heats are collated and student results ranked. For the 50m freestyle, the fastest two students overall in their age group (8 years, 9 years, 10 years, 11 years, 12 years and 13 years) are selected for cluster. Selection for the 100m freestyle, 50m breaststroke, 50m backstroke, 50m butterfly and 200 Individual Medley works differently. In these events, the first two students with the fastest times for each age group (Junior, 11 years, and Senior) are selected for cluster. The Junior age group consists of the 8-10 years age groups, 11 years for students aged 11, and Senior age group for students aged 12-13 years. Relay events are categorised as Junior (8-10 years) and Senior (11-13 years). Relay teams for cluster are determined by the fastest four freestyle times across all these age groups.

Congratulations to the Prouille team selected to compete at the North Shore Cluster Swimming Carnival on Thursday, 27 February.

Leonardo C Ella C Vera C Amelia C Anja C Tara D Xander G Viann S	Harrison G James G Zoe H Noah H Isaac HL Millie J Angus K Joseph S	Isla L Thomas LB James L Nicholas L Eliza M Max R William M Sophie T Lucy W	Cara P Georgina Q Matilda Q Arabella R Amelia R Valentina S Claudio S Elise S Frank W
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## CLUSTER SWIMMING CARNIVAL

Congratulations to all our students who attended the Cluster Swimming Carnival at Hornsby Aquatic & Leisure Centre yesterday.







## YEAR 6 LEADERSHIP DAY AT BRIGIDINE COLLEGE, ST IVES

***Written by Year 6 students Alisha S, Mairead DF, Abigail J, Evie J***

It was a beautiful sight, a colossal, lovely campus with a green field of grass open and free. Once we were inside the hall, a big screen showed a video about leadership. The vice principal gave us a talk about it too. It was about using the talents you had and making a difference in the school. Then we split into groups named with colours. There were many schools such as our school, Prouille, Corpus Christi, Hornsby Heights, St Ives, Maria Regina, Avalon, West Pymble and Our Lady of Perpetual Succour. There were also Brigidine Girls who helped us and led us around.

After watching the video, the schools were asked to stand on the floor at the front with year ten leaders holding multiple balloons. We had no idea why, then it was announced that we were going to play keepy-uppy! I was so happy, but the teacher said that when she called out a number, the students had to form a group with that number of people from other schools. I was a bit nervous as I was not a very social person, and didn't generally like talking to people I didn't know. It wasn't so bad, until a balloon fell on the floor and popped near my foot!

In the last round, we had to form groups of roughly twenty five people. Little did we know we had to stick with these children for the rest of the day.

There were four groups; green, orange, yellow, and blue. The groups alternated between activities, circulating around the school doing different tasks, so at the end of the day, each group had completed every activity. We stuck together, doing activities together and of course, learning together. I was in the green group, so were the other girls writing this recount. Each group consisted of a diverse range of students from different schools. I think being around new people in a new environment is good for developing social flexibility, being able to coexist with others, even when we don't know each other very well.

The second activity we did was one where we partnered up and stood on opposite sides of a stream of cards. Each card had a characteristic on it. My job was to pick two or three cards with attributes that I saw in my partner. Then she did the same for me, this exercise helped boost mental strength and confidence.

The next intriguing activity was to stack blocks by having an interesting mechanism with ropes connected to a black metal ball that had a chain that attached it to a black metal rectangle that could hook onto notches in wooden blocks, and with the force of the whole team pulling on the ropes, we had to move it to the blocks and stack them on top of each other. It was challenging but in the end we did pretty well.



# CLASS NEWS

Another activity we completed was the pipeline trust game. This challenge was a very fast and competitive game (and one of our favourites). The goal was to get all your balls through half pipes to the other side and into a bucket. The hardest part was that you couldn't move when the ball was on your pipe. We were separated into groups based on the high school we are attending next year. It was a very good game helping us to practice our patience, resilience, teamwork and communication.

The next game was floor-is-lava. This game was a game of strategy, communication and teamwork. The aim of the game was to get your team from one side of the hall to the other with stepping stones. But there was a catch, you couldn't have a stone without a human on it and if you did have one without a human you got one stone taken away therefore making it harder. My team did well but we did not succeed the first time and it took lots of trial and error but we eventually got it through teamwork, persistence and communication. It was a great experience/ task especially as we were with other people. I really enjoyed it and my friends enjoyed it too.

After the games/activities, the assistant principal gave us a challenge (that is a real international challenge) where we had to build the tallest tower with the following materials:

- 20 pieces of raw spaghetti
- 1 marshmallow that needed to be on the top of the tower
- 1 meter of tape
- 1 meter of string

It was really hard but fun at the same time.

A very beneficial part of the day was making new friends. This was very good seeing that we are all going to different high schools and some of us had no idea who would be our friends. This day encouraged us to make new friends. We now have some people we know going to our school so we at least know someone. This was a very helpful part of the amazing day.

Overall, the leadership day was amazing and a wonderful time! We can't wait to use all the tips and tricks we learnt in real life experiences!





# CLASS NEWS



Our Kindies and Year 6 buddies enjoyed some precious reading time together this week.





# CLASS NEWS

## WE'RE GOING ON A BEAR...PRINCIPAL HUNT!

Yesterday, our Kindy classes read the book "We're Going on a Bear Hunt" for the first time.

Following this, our Kindies wanted to re-enact their own version of the bear hunt around the school...but to find our Principal instead!

They scoured the whole school looking for Ms Smith, creeping softly like bears...and finally ended up finding her!





# MERIT AWARDS

## 2025 Merit Awards Term 1 Week 3

Class	Names
Kindy Koala	Natalia Karonin & Abel Maroon
Kindy Kangaroo	Rosie Gerace & Arlo Farrelly
Year 1 Lyrebird	Esther Baumgartner & Tiger Lane
Year 1 Rosella	William Logan & Amelia Glavac
Year 2 Emu	Tiam Khastar & Arabella Richards
Year 2 Wombat	Leonardo Gerace & Avery Aho
Year 3 Platypus	Ava Gerace & Harrison Gascoigne
Year 3 Bilby	Natalie Duckers & Jasper Harley
Year 4 Kookaburra	Noah Han & Daniel Duckers
Year 5 Goanna	Georgie Gouveia
Year 6 Possum	Flynn Murray & Ethan Mbereko
Year 6 Wallaby	Joseph Slade & Mia Ceurvorst
K-3 Cockatoo	Marion Fernandez
3-6 Dingo	Rock Batchelor



# PEC NEWS

Our first webinar for the year "Tackling School Refusal" was well attended. For those who missed it or would like to discuss the topic further, **Jacqui Van de Velde** (PEC) is offering the notes or a coffee meet-up for a recap. Please contact her at [jacqui.vandavelde@dbb.catholic.edu.au](mailto:jacqui.vandavelde@dbb.catholic.edu.au) to arrange a time.

**Parents' Prayers** are back! Join us at 2 PM in the school chapel on Fridays coinciding with school assemblies.

**First Friday Masses**; mark your calendars for 9:15 AM on March 7 and April 4 at Holy Name Wahroonga. A friendly "cuppa" will follow each Mass.

**Operation Winter Warmth** campaign is underway! We are calling for donations of mystery yarn and volunteers who can knit or crochet. Our first team meeting is scheduled for March 11 at 8:30 AM in the school library, right after the morning drop-off

Don't miss out on **Story Time** in the parish sunroom for preschoolers. Join us at 10 AM on March 5, right after the morning Mass. This is a wonderful opportunity for your little ones to enjoy some enchanting tales!

Best pancake recipe for Shrove Tuesday next week:

<https://www.recipetineats.com/pancake-recipe/>

(Guarantee this works every time!) 👍

Looking forward to seeing you at these events and appreciate your continued support and involvement in our school and parish community.





## IMPORTANT ROAD SAFETY

Dear Parents

As we start another academic term filled with fun and exciting learning opportunities, I'd like to take a moment to address a crucial matter concerning the safety and well-being of our school community: Road safety and pedestrian security.

Every day, our school sees a flurry of activity as students, parents, and staff arrive and depart. While we strive to maintain a safe environment within the school premises, it's equally important to extend this safety to the surrounding roads and driveways.

Here are a few reminders to help keep our community safe:

1. **Driveway Safety:** Under no circumstances should anyone walk through the school driveway. This area is designated for vehicles and poses a significant risk to pedestrians. Instead, please use the designated pedestrian entrances to access the school premises.
2. **Pedestrian Crossings:** Always use pedestrian crossings when crossing the road.
3. **Mindful Parking:** For parents dropping off or picking up their children, please adhere to the designated drop-off zones and avoid parking in areas that obstruct visibility or impede traffic flow. **PLEASE DO NOT PARK IN THE DRIVE THROUGH PARKING IN THE AFTERNOONS!**
4. **Role Modelling:** Parents, guardians, and staff members serve as role models for our students. Let's lead by example and demonstrate responsible road behaviour.

By working together and staying vigilant, we can create a safer environment for everyone in our school community. Let's make road safety a top priority and ensure that every journey to and from school is a safe one.

## COOL KIDS AUTISM GROUP SESSIONS



Macquarie University is offering group sessions for children on the autism spectrum who experience anxiety. Cool Kids Autism group sessions are designed specifically for young people on the autism spectrum who experience anxiety. Upcoming group sessions: - Grades 4–6: Starting 29th April - Grades 3–5: Starting 18th August - Grades 6–8: Starting 19th August Time: 4:30–6:30pm (once a week for 10 sessions over approx. 15 weeks).

A flyer has been attached to this newsletter and more information is available on the Macquarie Uni website. If you would like your child to attend the program, please contact your child's teacher to discuss.



# NAPLAN 2025

## Information for parents and carers



### Why do students do NAPLAN?

The National Assessment Program – Literacy and Numeracy (NAPLAN) is a literacy and numeracy assessment that students in Years 3, 5, 7 and 9 sit each year. It is the only national assessment all Australian students have the opportunity to undertake.

As students progress through their school years, it is important to check how well they are learning the essential skills of reading, writing and numeracy.

NAPLAN assesses the literacy and numeracy skills that students are learning through the school curriculum and allows parents/carers to see how their child is progressing against national proficiency standards.

NAPLAN is just one aspect of a school's assessment and reporting process. It does not replace ongoing assessments made by teachers about student performance, but it can provide teachers with more information about students' educational progress.

NAPLAN also provides schools, education authorities and governments with information about how education programs are working, and whether young Australians are achieving important educational outcomes in literacy and numeracy.

### Your child will do the NAPLAN tests online

Online NAPLAN tests are designed to provide precise results and are engaging for students. The tests are tailored (or adaptive), which means that each test presents questions that may be more or less difficult depending on a student's responses. This helps students remain engaged with the assessment.

Tailored testing allows a wider range of student abilities to be assessed and measures student achievement more precisely. A student's overall NAPLAN result is based on both the number and complexity of questions they answer correctly. Your child should not be concerned if they find questions challenging; they may be taking a more complex test pathway.

All Year 3 students will continue to complete the writing assessment on paper.

### What does NAPLAN assess?

NAPLAN assesses literacy and numeracy skills that students are learning through their regular school curriculum.

Students sit assessments in writing, reading, conventions of language (spelling, grammar and punctuation) and numeracy. The questions assess content linked to the Australian Curriculum: English and Mathematics.

All government and non-government education authorities contribute to the development of NAPLAN test materials.

To find out more about NAPLAN, visit [nap.edu.au](http://nap.edu.au)

### Participation in NAPLAN

NAPLAN is for all Year 3, 5, 7 and 9 students. ACARA supports inclusive testing, so all students have the opportunity to participate in the National Assessment Program.

Information on adjustments available for students with disability who have diverse functional abilities and needs is provided in the [National protocols for test administration](#).

Schools should work with parents/carers and students to identify, on a case-by-case basis, reasonable adjustments required for individual students with disability to access NAPLAN.

To help inform these decisions, you may consult the National protocols for test administration (linked above), [NAPLAN public demonstration site](#), the [Guide for schools to assist students with disability to access NAPLAN](#), and our [series of videos](#) where parents/carers, teachers and students share their experiences in using NAPLAN adjustments.

In exceptional circumstances, a student with a disability that severely limits their capacity to participate in the assessment, or a student who has recently arrived in Australia and has a non-English speaking background, may be granted a formal exemption.

Your school principal and your local test administration authority can give you more information on adjustments for students with disability or the process required to gain a formal exemption.



## What if my child is absent from school on NAPLAN test days?

Where possible, schools may arrange for individual students who are absent at the time of testing to complete missed tests at another time during the school's test schedule.

## What can I do to support my child?

Students are not expected to study for NAPLAN. You can support your child by letting them know that NAPLAN is a part of their school program and reminding them to simply do their best. Some explanation of NAPLAN is useful to help students understand and be comfortable with the format of the tests; however, it is not necessary for parents/carers to do this. Teachers will ensure students are familiar with the types of questions in the tests and will provide appropriate support and guidance.

ACARA does not recommend excessive preparation for NAPLAN or the use of services by coaching providers.

See the types of questions and tools available in the online NAPLAN assessments at [NAP – Public demonstration site](#).

## How is my child's performance reported?

From 2023, NAPLAN results are reported against proficiency standards. There is a standard for each assessment area at each year level. Proficiency standards provide clear information on student achievement. They are set at a challenging but reasonable level expected of the child at the time of NAPLAN testing, based mainly

on what has been taught in previous years of schooling. Student achievement is shown against 4 levels of proficiency: Exceeding, Strong, Developing and Needs additional support.

A NAPLAN individual student report will be provided by your child's school later in the year. If you do not receive a report, you should contact your child's school.

## How are NAPLAN results used?

- Students and parents/carers use individual results to discuss progress with teachers.
- Teachers use results to help identify students who need greater challenges or extra support.
- Schools use results to identify strengths and areas of need to improve teaching programs, and to set goals in literacy and numeracy.
- School systems use results to review the effectiveness of programs and support offered to schools.
- The community can see information about the performance of schools over time at [myschool.edu.au](#).

## Where can I get more information?

For more information about NAPLAN:

- contact your child's school
- contact your local test administration authority at [nap.edu.au/TAA](#)
- visit [nap.edu.au](#)

To learn how ACARA manages personal information for NAPLAN, visit [nap.edu.au/naplan/privacy](#).

## NAPLAN timetable

The NAPLAN test window is 9 days. This is to accommodate schools that may not have the capacity to complete the tests in a shorter time frame. **The NAPLAN test window starts on Wednesday 12 March 2025 and finishes on Monday 24 March 2025.** Schools will schedule the tests as soon as possible within the testing window, prioritising the first week.

Test	Scheduling requirements	Duration	Test description
Writing	Year 3 students do the writing test on paper on day 1 only. Years 5, 7 and 9 writing must start on day 1 (schools must prioritise completion of writing on day 1, with day 2 only used where there are technical/logistical limitations).	Year 3: 40 min Year 5: 42 min Year 7: 42 min Year 9: 42 min	Students are provided with an idea or topic called a writing stimulus (or prompt) and asked to write a response in a particular genre (narrative or persuasive writing).
Reading	To be completed after the writing test.	Year 3: 45 min Year 5: 50 min Year 7: 65 min Year 9: 65 min	Students read a range of informative, imaginative and persuasive texts, and then answer related questions.
Conventions of language	To be completed after the reading test.	Year 3: 45 min Year 5: 45 min Year 7: 45 min Year 9: 45 min	Students are assessed on spelling, grammar and punctuation.
Numeracy	To be completed after the conventions of language test.	Year 3: 45 min Year 5: 50 min Year 7: 65 min Year 9: 65 min	Students are assessed on number and algebra, measurement and geometry, and statistics and probability.





Prouille



# Open Day

Nurturing the Whole Child



Celebrating 75 Years in Education

**Wednesday 5th March, 9-10am**

To register: [www.bit.ly/prouilleopenday2025](http://www.bit.ly/prouilleopenday2025)

Prouille Catholic Primary School Wahroonga

(02) 7256 2146 | [www.prouilledbb.catholic.edu.au](http://www.prouilledbb.catholic.edu.au)





# CELEBRATE SHROVE TUESDAY



TUESDAY 4 MARCH

THE P&F INVITE ALL STUDENTS TO  
CELEBRATE SHROVE TUESDAY WITH  
FRESH PANCAKES FOR A GOLD  
COIN DONATION.

GLUTEN FREE PANCAKES WILL BE  
AVAILABLE.





# PARENTS NIGHT OFF

**FRIDAY, APRIL 4**

**5:30PM-8:00PM**



**Drop Off**  
Your Prouille  
Children Aged 5-12  
years old for a  
supervised night in  
the school hall!

The P&F are excited to invite you to an exclusive Parents' Night Off event! Leave the kids with us for a fun-filled evening while you enjoy a well-deserved break.



**\$10 per child**

**Book using QR code**

**Bookings close 28th March**

Snacks provided but please ensure dinner has been given before drop-off. Any allergies to be advised.



# COOLKIDS

EMOTIONAL HEALTH CLINIC

## ABOUT THE CLINIC

The Emotional Health Clinic (EHC) is a research and training clinic aimed at furthering our understanding of child & adult emotional health and improving methods of treatment. The Clinic also offers private, full fee-paying services. Families who seek help at the EHC receive state of the art assessment and treatment based on internationally recognised research, much of which has been conducted by our team over the past 25 years.

## ABOUT THE COOLKIDS PROGRAM

Cool Kids is a structured program that treats anxiety in children and teens. It uses a cognitive behavioural approach which means that it focuses on teaching skills to manage anxiety.

Core skills include;

- how to identify anxious thoughts, feelings, and behaviours,
- discovering realistic thoughts and expectations (detective thinking), and,
- gradually building independence and confidence by facing fears (stepladders).

If needed, additional skills such as problem solving, social confidence and relaxation can be introduced to help manage difficult situations. For children and teens who also experience low mood or health concerns, specific versions of Cool Kids that target these extra concerns are available.

Parents are shown how to support their child in the use of these new skills and a section of the program focuses specifically on parenting strategies that encourage children to self-manage anxiety.

During each session, families practice skills using discussion, games, role play and in real life situations. Practice tasks are a crucial part of the program and are given following every session. Practice tasks encourage use of new skills in everyday life.

## COOLKIDS AT MACQUARIE UNIVERSITY

Although Cool Kids can be run for individual families or in a group for multiple families, at Macquarie the program is offered in individual sessions only.

Sessions include time with a child and parent/s together, time with children alone and time with parents alone. The amount of time with each combination of people varies each session and with the age of a child.



## WHO CAN DO COOLKIDS?

The Cool Kids Program is designed for children:

- Who are 7-17 years old,
- Where anxiety is the main problem being experienced, and
- Where anxiety is impacting their day-to-day life.

The Cool Kids program is not suitable if:

- Anxiety is not the main cause of difficulties (for example if oppositional or aggressive behaviour is the main problem).
- For children or teens who are suicidal or who are self-harming.
- If a child/teen has consistently not attended school for two or more weeks.

We offer other services that may be suitable for your child if they are not suitable for Cool Kids including private individual therapy. For autistic children a specialised version of the Cool Kids program is available (see our website for further information).



## HOW TO GET INVOLVED

Cool Kids at Macquarie University (North Ryde) involves two stages:

- an assessment to determine if Cool Kids is likely to be a helpful program for a child, and if recommended
- the treatment program (which typically takes 10-12 sessions).

Costs of assessment and treatment are partially subsidised by our research and training activities, and Medicare rebates. You may be invited to participate in research at the assessment stage, the treatment stage or at both stages. You can choose to participate in or decline specific research activities.

The assessment and treatment sessions are provided by either a postgraduate provisional psychologist, a registered psychologist or a clinical psychologist. All psychologists are Cool Kids accredited and are supervised by senior clinical psychologists, including the authors of the programs.

### ASSESSMENT

A thorough assessment will be conducted to determine if Cool Kids is likely to be helpful for your child. The assessment involves online questionnaires and an in-person or telehealth interview with a child and their parent(s). *The cost of the Cool Kids assessment is \$221 and a Medicare rebate is not applicable.*

### TREATMENT

If Cool Kids is recommended, you will have the option to complete the treatment program. The 50-60 minute sessions take place at the same time each week over 10-12 weeks. Sessions may be in-person or telehealth.

*The cost of treatment varies depending on the type of psychologist that you are allocated to see. Irrespective the out of pocket cost, after applicable Medicare rebates, is the same for all clients. Where a child will be completing sessions with a registered or clinical psychologist, a Mental Health Treatment Plan and referral letter from a GP will be needed prior to the start of treatment and again mid-way through treatment.*

Service and Service Provider	Cool Kids Workbooks	Session Cost	Medicare Rebate	Out of Pocket per session
Treatment - Provisional Psychologist	\$35	\$85 per session	Nil	\$85
Treatment - Registered Psychologist	\$35	\$178.35 per session	\$93.35 per session*	\$85
Treatment - Clinical Psychologist	\$35	\$222.05 per session	\$137.05 per session*	\$85

\* Requires a valid GP referral and Mental Health Care Plan.

Fees and rebates are subject to annual review. Reduced fees are available for health care card holders.

### Important Notes:

- Allocation to a psychologist for assessment and treatment is determined by the clinic. Families are not permitted to choose a specific psychologist or type of psychologist.
- The treating psychologist may be different to the psychologist who conducted the assessment.
- If you are not willing to have your child seen by a provisional psychologist, or if your child is experiencing difficulties other than anxiety, you may choose [Private Individual Therapy](#). Full private fees will be payable (\$221-\$265 per standard session) in these circumstances.

## HOW DO I START?

If you would like your child assessed for the face to face Cool Kids program at our North Ryde clinic please call us on 02 9850 8711 to discuss suitable times and the current waitlist. After a time is confirmed, a link to register will be sent to you.



# NATIONAL RIDE2SCHOOL DAY

Friday 21 March

Hi schools!  
Register to take part and Council will deliver  
a free box of fresh fruit for your students  
on the day!



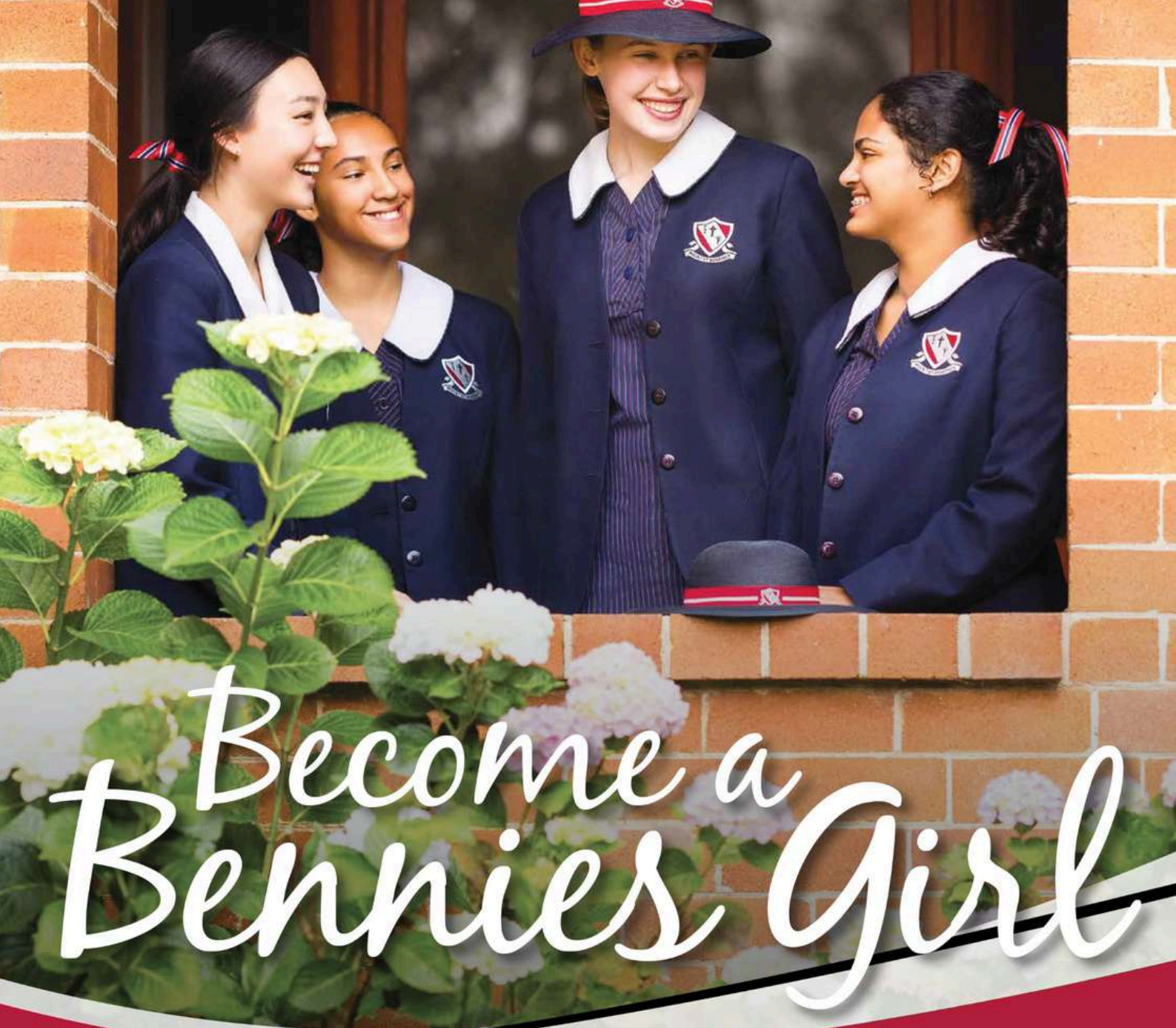
**Important Note:** This promotion is only applicable to schools within the Ku-ring-gai Local Government Area



**Scan to REGISTER NOW**  
Orders close Monday 3 March  
[krg.nsw.gov.au/ride2school](http://krg.nsw.gov.au/ride2school)







**OPEN DAY** Sunday 2 March 10am-2pm

**Bookings online** [www.msb.nsw.edu.au](http://www.msb.nsw.edu.au)



Mount St Benedict  
College





# OPEN DAY

SUNDAY 2 MARCH 10AM-1PM

Mercy Catholic College Chatswood offers girls from Year 7 – 12 an authentic, professional, Catholic education, delivered with care and compassion.

We are located in the heart of Chatswood, just a short walk to Chatswood Interchange where there are connecting buses, trains and the Metro.

We are committed to creating a safe and supportive learning environment for students, staff and families through our integrated and structured Pastoral Care and Wellbeing programs overseen by specialised staff.

We recognise that the needs of our students are diverse therefore curriculum and pedagogy are dynamic and responsive to accommodate the variety of student learning needs.

This year we celebrate 135 years of teaching excellence reflected in consistently strong all-round academic results.

We offer a comprehensive range of electives in addition to mandatory studies from Year 7, leading to the award of the Higher School Certificate credential in Year 12.

Our unique Pathways & Partnerships program assists the transition to life beyond school into the 21st century workforce through a range of higher education, industry and trade partnerships.

We are committed to the development of the whole person and offer opportunities for students to participate in over 30 programs including a variety of Sports, Creative Arts and special interest clubs.



**ACCEPTING APPLICATIONS FOR YEAR 7, 2027**  
**[www.mercychatswood.nsw.edu.au](http://www.mercychatswood.nsw.edu.au)**





St Edmund's  
COLLEGE

# OPEN DAY 2025

**The St Edmund's College 2025 Open Day will be held on Wednesday 5 March from 9.30am - 12pm.**

We warmly invite you to come along and enjoy a tour of our state-of-the-art Year 5-12 campus and facilities. We provide, for Year 5 and Year 6 students, an opportunity to access a high-quality transition program within a special needs educational context. For Year 7-12 students, our high school model provides our students with the delivery of a NESA Life Skills curriculum within a unique and innovative educational environment offering a range of experiences that include VET courses, work experience and transition to post-school opportunities.

Morning tea will be provided, as well as information sessions facilitated by members of our Leadership Team and Allied Health Team. We look forward to welcoming you.

Please register at [www.stedmunds.nsw.edu.au/open-day](http://www.stedmunds.nsw.edu.au/open-day)







# St Leo's Catholic College Wahroonga



Our innovative learning environment, strong academic results, focus on student wellbeing, caring community and personalised approach make St Leo's an exceptional place to learn - that's in very high demand!



**Priority enrolment\*** for students from our CSBB Priority Feeder Schools, plus no application or enrolment fees.

*Did you know...?*

**Prouille, Wahroonga** is a St Leo's Priority Feeder School!

## Open Evening & Expo Wednesday, 26 March, 3-7pm

Experience everything St Leo's has to offer:

- Tour our campus
- Hear from the Principal
- Speak with our staff & students
- Information stands & BBQ
- Activities, performances & displays
- See our community in action!

*Scan to Register >*



\* enrolment windows apply

[stleos.nsw.edu.au](http://stleos.nsw.edu.au)





**Priority  
Feeder School**



# The St Leo's Priority Feeder School Program

We are proud to partner with our fellow Catholic Schools Broken Bay (CSBB) primary schools as part of the St Leo's Priority Feeder School (PFS) Program. The program offers a range of benefits for PFS students and families.



*As a Priority Feeder School, St Leo's offers students from your school:*

- *Priority Enrolment at St Leo's\**
- *No application fees*
- *Continuity of values and learning as part of our caring K-12 Catholic community of CSBB schools.*



Contact your primary school office or Principal for more information about your St Leo's PFS program. For more information about St Leo's and enrolments, visit:

**[stleos.nsw.edu.au](http://stleos.nsw.edu.au)**

Students also benefit from:

- a range of joint co-curricular activities throughout the year tailored to suit the needs and interests of each Priority Feeder School. These may include CAPA workshops, sports programs, additional transition and orientation programs, and more.

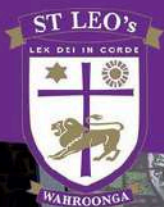


- developing a familiarity with the high school environment, campus and connections with key staff and student mentors, enabling a smoother transition to high school.



\* Priority Enrolment is subject to enrolment windows and based on our guiding CSBB Enrolment Principles document. See our website for full details.





# St Leo's Catholic College Wahroonga



*At St Leo's,  
we are committed to  
forming confident,  
competent  
Catholic-valued  
young people of  
conscience, aiming  
to help our  
students find their  
passion and  
develop their talents  
into greatness.*

## *Why choose St Leo's?*

- Our newly upgraded campus is located on six leafy hectares in Wahroonga and is the only co-educational Catholic secondary school on Sydney's Upper North Shore.
- As a caring, inclusive community renowned for our pastoral care, we have a strong focus on knowing each student and growing their unique potential and passion.
- With a distinct innovation and technology focus, we offer a range of programs to ensure our students have the skills they need for a globalised world.
- We pride ourselves on achieving consistently strong academic results, with students regularly appearing in the HSC High Achiever and All-Rounder lists.
- We focus on developing the whole person across our range of St Leo's Growth Domains – Spiritual, Academic, Cultural, Social/Emotional, Environmental, and Physical dimensions – ensuring a diverse and purposeful experience, and the balanced development of our students.
- We are consistently above the average student growth in NAPLAN - across both State and SSSG schools (Statistically Similar School Group).
- We have a future-focussed view of education, helping our students become lifelong learners.
- Our Pathways and Partnerships Program works with students and families to navigate the many options beyond school, developing both industry and higher education partnerships and shaping new offerings at St Leo's.
- Our recent \$30M campus upgrade provides state-of-the art facilities, including a \$14M Creative & Performing Arts, Design, Technology and Hospitality Centre, new library, gym, and numerous purposeful, flexible learning and recreation spaces.
- A huge range of co-curricular offerings including over 20 extra-curricular CAPA ensembles, extra academic, youth ministry, social justice and environmental opportunities and overseas tours.
- A strong sporting culture with weekly Sport for Life program and tiered opportunities for talented athletes to progress to higher representative levels, including national and international.

*Visit our website to find out more about everything St Leo's has to offer.  
We look forward to welcoming you to our community.*

**stleos.nsw.edu.au**

